



Article published on March 7th 2012 | [Software](#)

Is it necessary to look for a doctor every time? Obviously, not; many of the trivial health issues like common cold, cough, and problems associated with digestion can be addressed with the home made herbal remedies. They can do wonder at times. The same goes true for your computer. Windows Security Center (Windows XP/Vista) or Action Center (Windows 7) is the heart of your machine and registry settings is the brain. If you know how to get hold on the heart and brain, nothing can slow you down. So this is where you have to focus, if you are really, really concerned about your PC health. Windows Security Center or Action Center monitors your PC health, and brings performance status of firewall settings, Windows Update, anti-malware software settings, Internet security settings, and User Account Control settings. If Windows detects a problem with any of these security components a corresponding notification flashes on the user-interface of the discussed program. Even more, click the notification or double-click the Security Center icon to open Security Center and get information about how to fix computer problem.

Listen to the notifications and take desired actions in time. Keep a tab on the essential security components like Windows Firewall, Windows Update, Malware Protection and other settings (User Account Control). Vigilance checks entry of any malicious software and deters the Internet attackers from getting hold on your PC for illegal purposes. Automatic updating should be turned on as it fixes any software loopholes. To turn on automatic updating, click Control Panel, click Security and then click Security Center and turn it on. Administrator permission is required to get the access. The Security Center/Action Center will let you know in case your Internet or antivirus software has gone outdated or turned off. Click Malware protection, click the button under Virus protection or Spyware and other malware protection, and then choose the option that you want. Under Other security settings, you can have a detail of the Internet security settings and User Account Control settings to make sure they are set at the recommended levels. Any altercation regarding the settings is displayed in the notification area. Understanding Windows Registry settings that keeps whole information regarding the settings of low-level operating system components as well as the applications running on the platform could be difficult, if you are beginner. So, before proceeding towards, don't forget to take a backup of it.

Computer technical support services are also available on-demand to fix related issues. Experts do an X-Ray of your system using the industries' best remote scanning tool to unravel the problems or errors associated with hardware and software products. They can handle issues with a set of software including Windows operating system, Microsoft Office, browser, email, network components, etc. in front of your eyes.

Even more, download drivers and antivirus, virus removal tool, PC optimization package and more from the online portals. Available knowledgebase and video tutorials will simplify the PC repair job, and you would be able to save time and money both.

Article Source:

<http://www.articleside.com/software-articles/windows-security-center-touches-pulse-of-your-pc.htm> - [Article Side](#)

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As a senior a [computer technical support](#) engineer at Techvedic, the author offers out-of-the-box a [PC help](#) service remote support to global customers for issues related to hardware and software. Moreover, he has a passion to write articles and blogs related to computer support, so as to empower consumers to a [fix computer](#) problems on their own.

Article Keywords:

Computer Technical Support, Fix Computer, Pc Repair, Pc Help,

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