3 Reasons You Shouldnâ€™t Show-off

by Jimmie Flores

Article published on February 22nd 2012 | Self Help

It never fails! There is always someone in the office who wants to talk only about what they have done. If itâ€™s not about them, itâ€™s usually about their kids, a vacation they recently took, or the electri car they purchased over the weekend.

Itâ€™s always something, right?

We should talk about the good things that happen to us. The point of this article is not to discourage you from sharing good news. However, we must avoid the endless focus on ourselves. When we do, others often become envious. In some cases, people really donâ€™t care that you are experiencing positive events in your life.

Here are three reasons you should temper your enthusiasm and avoid talking about yourself:

#1: Your boasting can alienate others.

If you are doing well, others will know. There is no need to speak endlessly about the MBA you just earned, or the promotion given to you during the last round of performance evaluations. Your accomplishments are important to you, but other people in your office are more concerned about where they fall in the pecking order.

Your management team should know about your accomplishments. Put together a brief email detailing your recent success, and send to your manager. Of course, you must add to your resume. You can now move on to the next goal on your list.

#2: Others can sabotage your career.

While a few of your close friends might be happy to hear that good things are happening for you, others will look for ways to put you down. Those who are doing nothing to improve their careers will assume the spoiler role.

Here are a few comments you might hear:

â€¢ â€œI canâ€™t believe she is working on her MBA. She should spend more time taking care of her I hear her husband is basically the mother and father to the kids.â€•

â€¢ â€œHe took that promotion to Shanghai mostly because no one else wanted to go. Heâ€™s in for rude awakening with that position. Iâ€™m sure that culture shock will bring him back to the States with his tail between his legs. Heâ€™s stupid!â€•

â€¢ â€œFrom what Iâ€™m told, her raise is only 5%! I received a 3% increase, and I never work on the weekends. Iâ€™m glad sheâ€™s doing all the hard work. Think of it â€¦ she earned only 2% more than me got this system figured out!â€•

#3: Leadership focuses on the success of others.

While our accomplishments are important, and should not ignored, we must spend most of our attention helping others succeed. Once we reach a new plateau, some positive-minded people will come to you for guidance. Take the time to show them how they can reach important milestones in

their career. If they do not come to you at first, look for opportunities to share your information. When you help others succeed, you become a difference-maker, and these actions will lead to big opportunities.

We all desire to share our accomplishments. That is natural. However, letâ€™s be careful with our approach. Instead of telling others how much better we are, we should consider a servant leadership role. In essence, we use our position and knowledge to help others realize their goals. This strategy will bring more value to your organization, and will undeniably provide you with a higher level of self-fulfillment.

Article Source:
http://www.articleside.com/self-help-articles/3-reasons-you-shouldn-t-show-off.htm - Article Side

Jimmie Flores - About Author:
Dr. Jimmie Flores,PhD,PMP,ITIL,SSBB,SPHR,GPHR is a seasoned organizational development and continuous improvement professional with 20 years of experience. In 2006, he founded the Flores Consulting Group, a company based in San Antonio, TX. Dr. Flores is also an expert in project management, ITIL, Six Sigma, Entrepreneurship, and Sports Officiating. Please visit our website at http://www.jmbok.com

Article Keywords:
career development, leadership development, success strategies, leadership development, customer service, book of knowledge, online learner,

You can find more free articles on Article Side. Sign up today and share your knowledge to the community! It is completely FREE!