Article published on November 30th 2011 | Outdoors

Many people come to Lloret de Mar to enjoy the beaches and range of nightlife but there is an increasing focus on catering to more outdoor activities, all within easy reach of the hotels in Lloret de Mar.

Tennis

There are a number of tennis courts in and around the town where players can play on either grass or clay courts which mean they are suitable for playing on all year round. The Racquet hire and individual or group lessons are available at most of the tennis centres and most are within an easy walk of the town centre.

Walking

The coastline around Lloret de Mar is very beautiful, with woods and rocky outcrops and craggy peaks. The Lloret Natura project is keen to encourage visitors to explore the region on foot and there are a number of marked trails that will allow you to explore the flora and fauna both inland and along the coast. The Lloret Nordic Walking Centre has recently opened and provides guided tours of the area and provides lessons to visitors in how to enjoy this healthy low impact activity.

Beach activities

On the Lloretâ€™s main beach, visitors can join in with instructor-led activities such as stretching, aerobics, and aqua-aerobics every morning which are suitable for everyone, from the seriously sporty to the elderly or inactive. In the afternoon, the beach hosts tournaments in a number of sports such as beach volleyball, beach football and tennis and visitors are encouraged to join in the competition.

Article Source:
http://www.articleside.com/outdoors-articles/things-to-do-in-lloret-de-mar.htm - Article Side

Lek Boonlert - About Author:
Lek Boonlert is an editor and content reviewer at DirectRooms and is responsible for all a Hotels in Lloret de Mar content.

Article Keywords:
lloret de mar hotels,lloret de mar hotel,lloret de mar guide things to do attractions destinations tours,explore lloret de mar getting around,lloret de mar tennis walking beach activites

You can find more free articles on Article Side. Sign up today and share your knowledge to the community! It is completely FREE!