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Whenever anyone is investing in forex trading, it is important that he or she brings in a factor of safety to his investments. Forex market is such that it will fluctuate with such rapidity that it will become extremely difficult to bring forth a surer way of making profits. Although everyone in forex market is in the hope of making forex profits, yet the truth is not always on the beneficial side. For professionals, novices and even amateur part timers, there is a risk associated. But, thankfully there is a concept of hedging associated with forex market where it helps in continuous risk lessening or management.

For those who have been in the forex trading, they will agree that trading in forex is not without risk. So, it is better to have forex hedging as a tool to safeguard against many of the risk factors. This is a method by which the investors and traders are able to minimise or transfer their risk. Hedging is an important tool for traders in forex in managing risk quite effectively. Forex hedging can be of different methods and types. There are many options to choose from but some of the common forms of hedging are:

Future contracts – The future type of trading is done by the trader wherein they get into an agreement where they agree to exchange a currency for another currency at a particular and fixed date in the future at the existing price when the last closing is done. By this method, the loss might not be much because people will be hedging their losses as the prices might not have gone down heavily. Future contract is a very useful tool for forex hedging that are used by most of the traders.

Spot contracts – One of the most basic methods of hedging in forex trading used by retail forex traders. By this kind of contracts, the delivery has to be done in two days only. And this is the only disadvantage that is considered in the hedging process as it might not be entirely a safeguard method.

Foreign currency options – In the forex trading options this is one of the most famous forex hedging method among all the types of traders. In such an option, the trader can buy or sell the currency pair as and when needed without any obligation to buy or sell on any specific date or time or any specific rate.

As soon as you have selected your strategy, you can subsequently employ it onto your trade. Take into account that you should keep track of the market developments since you would have to alter your decisions consequently. Nevertheless, there is not a solitary size that suits all strategies and therefore, you should keep altering in line with the market alterations. It is advisable that you remain alert all the time.

Forex hedging has been considered as one of the most common parts of forex trading and this has been easily accepted by a lot of forex traders without which, losses would always have been more than the profits.

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Jack Andrew is an experienced forex trader and helps you understand various a [Forex Hedging](#) techniques. Hedging is an essential tool for traders in managing risk pretty efficiently. So, visit his website to learn more about this risk management strategy.

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