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## Urologist Nephrologist

Medically, urologist and nephrologists are related to the kidney disorders. If a nephrologist specializes in diagnosis and treatment of kidney and urinary system such as inflammation of the kidneys, chronic kidney disease, or cancer, the urologist expertise in the diagnosis and treatment of disease in urinary system of man and woman and disorders of the man reproductive system.

While reconsidering the nephrologist he may further specializes in treating certain age group kidney-related disease such as pediatric nephrologist who treats only children. Nephrologist is concerned with both the short term kidney-affected patients as well as the long term affected person. He can consult with a person for short term illness or procedures like kidney-biopsy or the person who is concerned with the chronic kidney problem like may be put on dialysis.

Terming to urologist like nephrologist he is also medical doctor with an specialization in treating urinary problem. The urologist can prescribe medicines, perform surgery and is also significantly concerned with the urinary disorders such as difficulty holding urine (incontinence) and tumors or stones in the urinary system. A urologist treat the problems in the male and female reproductive systems. In man he importantly he provides the treatment of the impotence (erectile dysfunction) while in woman and child the problems of urinating. Unani Physician

Unani medicine like Ayurvedic is widely a traditional medicine. It is as the name suggests originated in Greece or Unan. As the symptoms of the disease is that your body reacts negatively because of some internal resource of supplying nutrients and energy to the body. The fundamental duty of a Unani Physician is to sufficiently natural forces to the body. As our body is created by the contamination of four humors Dum (blood), Balgham (phlegm), Safra (yellow bile) and Sauda (black bile) the physician provides the medicines which is manufactured based on these humors of the body according to the human theory. Effectively our body itself has capacity to prevent the imbalance of the four humors by as it itself maintain the humors.

Unani Physician stressfully maintains that the atmosphere has naturally contained these humors such as earth is cold and dry; water is cold and moist; fire is hot and dry; air is hot and moist. The temperament of a substance may be a mizaj-e-mutadil (balanced one) or a mizaj-e-ghair-mutadil (imbalanced one). The Unani Physician also emphasizes that human body is the self protective strength that fights with all the external harmful elements and strives to restore any disturbance come to happen with.

The unani physician first feels the pulse (nabz) and checks the rhythmic expansion of arteries by fingers to diagnose the specific disease the patient is suffering from. The physician also asks for the stool and urinary examination to diagnose the disease. They treat the patients by applying four types of techniques-regimental therapy, diet therapy, Pharmaco therapy and Surgery.

Unani medicine has found its rout in India and its capital is not far from it. Going back to history we surprisingly come to know that the unani therapy has found the root in Delhi even since a long time.

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