Teeth Realignment Technique: Invisalign as the Invisible Braces by Rory Vanzetti

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Before, treatment for people with crooked or gapped teeth is more or less limited to metal-wire braces. This is no longer the case; developments in the field of dentistry have led to another alternative: Invisalign treatment. This modern treatment uses a series of clear and transparent aligners designed to fit on the teeth like mouth-guard trays. These aligners are worn for a prescribed time period, during which the teeth are gradually pushed into the proper alignment.

Advantages

Getting Invisalign treatment has a lot of advantages over getting traditional braces. First, if you are worried about other people knowing youâ€™re getting a teeth straightening treatment, Invisalign treatment is perfect for you. People will hardly notice these transparent aligners. Second, unlike metal-wire braces, Invisalign braces are removable. During meals, you can take them off if you feel uncomfortable. Third, since theyâ€™re made from plastic and shaped like your teeth, they wonâ€™t cut yo tongue or inner cheeks like metal brackets and wires sometimes do.

If youâ€™re wearing Invisalign braces, thereâ€™s food getting trapped or plaque building up between and around metal brackets and wires. Since bracers are removable, you can brush and floss the usual way. Compared to conventional braces, Invisalign bracers also work faster because they are made using advanced computer aging, which means they are specifically designed to match your teeth, ensuring maximum efficiency.

Treatment

Getting an Invisalign treatment is quite straightforward. First, you have to meet with a certified dentist Randolph NJ has for initial consultation. During this visit, the dentist determines if youâ€™re healthy enough to receive the treatment. Donâ€™t hesitate to ask questions or mention any concerns you might have about the treatment. The dentist then takes x-rays, impressions, and pictures of your teeth which will form the basis for the treatment plan. Using a digital 3D image, your dentist can show the expected gradual movement of your teeth at every stage.

Based on your teeth impressions, clear aligners made of plastic are made by a dental laboratory. For a time period prescribed by your local Randolph dentist, you need to wear the Invisalign braces, removing them only when you eat, brush, or floss. The dentist monitors the gradual straightening of your teeth until you get the results you want.

Maintenance

Maintenance of Invisalign braces is simple and minimal. You just need to keep them clean by brushing them after snacks and meals with toothpaste and plain water. You can also soak them for 10 minutes in water with diluted mouth rinse or purchase a special Invisalign cleaning solution. It is advisable to visit a dentist Randolph has every two weeks for your Invisalign replacement.

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