Article published on March 16th 2012 | Fitness

Steroids are broadly categorized into two types as anabolic steroids and catabolic steroids.

Catabolic Steroids: Catabolic Steroids are also called as corticosteroids. These are steroids that initiate the process of muscle break down and reduce the swelling of the body tissues. These steroids are also indicated for autoimmune disorders.

Fluoxymesterone: It is also called as Stenox and Halotestin. Fluoxymesterone is an alkylated steroid and is used to improve the strength.

Oxymetholone: It is available as Anadrol. Oxymetholonehas progestenicaction and assists in water retention. It is used to increase the strength and muscle mass.

Body building steroids should be taken only on physicianâ€™s advice. The steroid dosage should not exceed the prescribed dose as it can lead to serious side effects like over exertion, fatigue, restlessness and serious complications. The steroid dosage should be low and must be taken for short period of time. It is advised to avoid androgenic steroids and take over-the-counter steroid products.

Article Source:
http://www.articleside.com/fitness-articles/best-bodybuilding-steroids.htm - Article Side

Webmaster - About Author:
Best bodybuilding steroids your muscles help you to bulk up your muscles Buy Real Steroids and toughness to your body. The most commonly used a best bodybuilding steroids. Visit a http://www.steroidshop.eu and learn more.

Article Keywords:
best bodybuilding steroids, uk steroids online

You can find more free articles on Article Side. Sign up today and share your knowledge to the community! It is completely FREE!