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For one and all, it is very tough to hold breath underwater for few minutes. But, in scuba diving, a diver can stay for longer hours by the use of quality scuba gear.

It is of course not that easy to explore underwater world. It requires the use of various skills, techniques and useful equipment like scuba masks, buoyancy devices, breathing regulators, fins, gauges and much more. All basic skills can be learned in just two-three days by acquiring assistance of a professional diving school having a team of qualified trainers and instructors.

Through this article, we would come to know certain facts of scuba diving in detail. Letâ€™s start with the consideration.

Consideration

Age, health and disabilities are three major considerations of diving. Children of 8 years can opt for the programs which are aimed to teach how to deal with shallow water. From the 10 years of age, the children have the option of junior open water course and older than 15 years can become a certified dive through open water course.

As far as health is concerned, one is required to be in a good state of health which means that one should not suffer from any serious medical problems. Next consideration is the disability. Certain diving schools are known to face the challenge of offering training to physically challenged divers.

Now, letâ€™s check out some essential types of scuba diving in Vancouver.

Recreational & technical

The kind of diving which is meant to have fun is called as recreational diving. One can complete courses in different sorts of specialization including deep diving, fish identification, navigation, photography, videography, underwater naturalism, cave diving, altitude diving, ice diving, and much more.

Technical diving is another useful kind which divers opt to know more about the underwater world. The kind of diving can be categorized as forms like extreme deep diving, advanced cave diving and advanced wreck diving.

Commercial & military

The kind of diving which is meant for commercial purposes like building oil platforms, conduct surveys, carry out underwater maintenance, creating maps and much more. Military scuba diving is almost same as commercial type with certain differences in tasks like underwater surveillance, military research and much more.

Diving can be done anywhere in Vancouver as one can notice the presence of professional diving schools offering a range of diving programs with having a team of skilled trainers to suit varied needs and experience levels of the individuals.

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Diving Locker - About Author:
Based in Vancouver, BC; Diving Locker offers competitive pricing based training for a scuba diving in Vancouver and also the a dive shop offers various equipments online to the individuals.

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