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HCG is a sure shot weight loss remedy. This is what usually comes when you ask someone his success with HCG weight loss. And by its side a major question that arises again is why this HCG is so popular with losing the excess fats from body? There is not one but so many reasons that one can give you in support.

HCG is natural: HCG or the human chorionic Gonadotropin hormone is completely natural. This is present there in both males and females and is secreted naturally. Under normal condition this hormone remains dormant and its functioning is seen only during pregnancy when this hormone gets released through the placenta of mother that further triggers the hypothalamus to raise the body metabolism. The utility of this hormone for weight loss was discovered by Dr Simeons who in his research found that HCG when taken with a low calorie diet can effectively release the extra fats from the

body.

HCG is safe: As against other weight loss protocols, HCG is completely safe and effective. HCG releases the excess fats from the body but there is no health loss and that is a unique fact about this weight loss plan. And you don't have to take any chemically prepared medication in this weight loss plan.

No need for heavy work out: when you are using the HCG hormone doses along with the low calorie diet you don't have to be the part of those rigorous work out plans usually suggested by gym instructors. And actually your body may not be

able to support such heavy work outs since it is going to rely on a very low calorie HCG diet. Your nutrition intake may not support high energy requirements and if you still do you may lose up to energy wants and may quit.

No health loss: when HCG doses are taken there is no health loss. This weight loss plan just targets the fats lying in your body without affecting the bones and muscles. When the body metabolism is raised there is only use of stored fats in the body while the other body parts remain ineffective.

No hunger pangs: Many people would say if they will feel the hunger pangs since they are going to rely on a very low calorie diet. Well the answer is that there HCG is a very good hunger suppressant and when you are taking the low calorie HCG diet along with small doses of HCG you won't feel the any cravings for food.

Customizable: HCG weight loss plan isn't like one bullet for all guns.

This weight loss plan can be customized as according to the individual body requirements and needs of the individuals. HCG diet is a low calorie diet and a single low calorie diet plan isn't supplied to all individuals but the diet plan for every

individual is customized according to the needs of a particular individual.

Expert guidance: Most importantly the HCG weight loss plan is monitored by the very experienced and expert

physicians who can help you know your health status and assure that you loose the fats with complete ease and without any complications.

To buy the purest form of HCG you can log on to: <http://www.hcgslimxpress.com>

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