



## Article Side

Choosing obesity weight loss surgery in Delhi is undoubtedly a good option by [Mike Nicholson](#)

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A large portion of total world population has been suffering from the curse of obesity which sometimes lead to serious ailments that are incurable. Many people spend their entire life with this disastrous disease that sometimes ruin all your daily activities. I have seen people who are even unable to sit or stand. To overcome this disease, people try every possible way but only few of them succeed. Thanks to modern weight loss surgeries that even guarantee sure shot success with minimal side effects to your normal life. Among different ways out, the most reliable surgery in today's times is bariatric obesity weight loss surgery.

Although this surgical procedure is done in most parts of the world but bariatric surgery cost in India is relatively lesser than other parts of the world. This is why a huge majority of people choose India their hot spot for obesity weight loss surgery. Being the growing power of the universe, India, features best-in-class surgical procedures by the world-renowned surgeons at the most economical prices.

The bariatric weight loss surgery in Delhi is a good option especially when you have fed up trying all other methods and procedures such as diet and life style changes. Because of the risks involved in this surgery, this procedure is recommended only if you're morbidly obese and failed to respond to more conservative measures such as supervised nutritional therapy exercise, and diet medications. There are also preset criteria for selection of the surgery candidates based on BMI. Normally, the surgery is only considered in patient who have morbid obesity, which is categorized as a BMI of greater than 40. Surgery may also be an option if your BMI is less than 40 and you have underlying medical conditions that can be exacerbated by obesity.

Although bariatric weight loss surgery in Delhi could be a good way of losing weight initially, it's not a substitute for the lifestyle changes which will be needed over time to maintain the initial weight loss. This is possible that your doctor may suggest counseling and consultation with exercise and nutritional therapists prior to approving bariatric weight loss surgery.

Before you actually go for this weight loss surgery in Delhi it is recommended to read the risks involved with it. This is because some of the reports have said that up to 40% of patients undergoing gastric surgery encounter complications within the first six months of the surgery.

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Dr. Atul N.C. Peters graduated from CMC Ludhiana and completed his surgical residency training at Sir Gangaram Hospital, New Delhi, followed by Fellowship in Advanced Laparoscopy in the same institute. His particular areas of expertise include Advanced Laparoscopic GI Surgery, a [weight loss surgery in Delhi](#), a [bariatric surgery cost in India](#), and obesity weight loss surgery.

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