



Article published on March 12th 2012 | [Travel Tips](#)

Planning a trip with friends or family brings on it's own challenges. For a woman traveling solo, you need to prepare for an extraordinary experience that will open new opportunities and daunting possibilities. You can refer to www.womentravelalone.com, for some great tips, secrets and general information that certainly will help you to be prepared and able to tackle the travel.

Women traveling alone of course will enjoy meeting new people, for some that freedom and excitement bring happiness but for others it can bring uncertainty. You will want to be extra careful and show concern for your safety, but allow the room to experience the adventure, after all that is why you are stepping out on this journey.

A few tips that can generally give a solo woman an advantage are:

Use common sense - the best tip that anyone can give or follow when traveling alone. Don't walk around alone late at night, don't drink with strangers, don't ride along on trains in empty compartments, don't put yourself in compromising situations to save a few dollars, and always have your phone on you or know how to use a pay phone if the situation demands it.

Hotel safety - no matter if you are not sure where all you plan to travel, start out with a booked hotel for the first night of your extravaganza. Book a place that you know will be safe, get some maps and plan out your trip once you are rested and can get your bearings. If you plan to stay at other hotels on your trip, you can practice safety by requesting a room close to the elevator, meaning you do not have a long walk to your room. You should never leave a breakfast card hanging on your door, it showcases your status of being alone and is like an open invitation. Never leave your room key on the desk if you step out, insure it is put up before you depart.

Plan your arrival in cities during the daylight hours so that no matter what mode of transportation you use, you can see around you and get yourself settled in the city. You can map out landmarks on your way and give yourself time to enjoy the trip.

Dress conservatively or at least try to avoid unnecessary attention. You want to fit in, but you also want to dress appropriately. If you are in a country that considers bare arms risky, you need to be aware. Just try to research the dress before you go.

Keep your money and personal documents in a safe place. You want to carry your spending money in an easily accessible location, but your passport, other money and any other important papers should be put away for safety and not displayed as you travel. It is also recommended that you keep a copy or the originals, of your most important documents, in a safe or somewhere off your person just in case a situation arises they would be available.

Traveling as a solo woman does not mean you must stay alone, this trip is about meeting people and finding friends along the way. You might meet people at the pool or while shopping, or even on the train or plane. Communicate with people, find out what type of activities they have planned and perhaps you might find some similarity that will allow you to enjoy them together.

Remember this is your vacation and your time as a solo woman, so do not fear dining alone. Enjoy that bottle of wine, read about some of the better restaurants, find a lovely bistro and just relax and have some fun.

Avoid Romantic locations if you are looking for a solo trip, that way you will not be surrounded by couples enjoying their honeymoon.

If you find yourself being followed, or having to deal with unsolicited attention, you need to know how to handle. Like any other harassment, sometime just ignoring it is the best solution, but in some cases you might need to bring the attention to the public. If you find that your bothersome person will not go away, then simply yell at them to leave you alone, and that should do the trick. The authorities are always the last resort.

Know before you go is a simple concept, but it is important when you travel to new cultures. Understanding the body language and gestures could save you embarrassment in the long run .

Show confidence in everything you do. From speaking the language to walking down the street, know you are in charge. If you wander around looking lost you are going to stand out, and you want to appear that you are comfortable in your surroundings.

You should always stay in touch with friends or family when you travel alone. Have a check in day and time so that they know you are okay. If you have a firm travel schedule you should provide that to someone before you go so they always know how to reach you.

Remember traveling solo for women is filled with fun and excitement, and by visiting www.womentravelalone.com you will always be ready for the next trip.

Article Source:

<http://www.articleside.com/travel-tips-articles/travel-site-reveals-secrets-for-women-traveling-solo.htm> - [Article Side](#)

[Women Travel Solo](#) - About Author:

To learn more about a [women traveling solo](#) please visit a www.womentravelalone.com

Article Keywords:

travel the world,how to travel cheap,travel guide,travel tips,travel magazine,travel safe,travel destinations,travel advice,single travel,women travel,travel for women,traveling solo,travel cheap,travel blog,travel book