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J1 Visa and H1 b Visa by [Francis](#)

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J1 visa is an exchange program allowing foreign students of all levels of education to legally and lawfully enter United States on a temporary basis. It can be granted to those individuals who have been approved to participate in exchange programs with hopes of gaining knowledge, furthering education and enhancing skills in the art and sciences. The applicant for a J1 visa can be interested in receiving training, ranging from business-based to institutional based training, can be a prospective teacher interested in teaching at a wide range of academic institution, can be a student participating in research studies and technology, can pursue training in the medical and health care fields, can be consultants, observers, auditors or professional demonstration specialists.

Applicants should generally apply at the American embassy or consulate with jurisdiction over their place of permanent residence. J1 allow any other relatives apart from spouses and children upon entry into the United States and are allowed to work upon the receipt of J1 exchange visa. It also allows spouses and children under the ages of 21 years to accompany the applicant without approval of a J2 exchange status and to be employed in order to support the applicant's live hood while residing in the United States.

The h1 b visa is a non-immigrant visa which allows a U.S company to employ a foreign individual in a specialty occupation. A specialty occupation requires a theoretical and practical application of a body specialized knowledge along with at least a bachelor degree or its equivalent. The specialty occupation include architecture, engineering, mathematics, physical sciences, social sciences, medicine and health, professional nurses, entering to perform complex duties or supervise nursing operations education, business specialties, accounting, law, theology and arts.

The h1 b visa is valid for 3 years and you can apply for extension of another 3 years. Before the visa is approved you are supposed to stay outside United States for 1 year until your status is restored. You need an employer to sponsor in order to work in the United States with h1 b status.

H1b professional have some exceptional which include employees who are employed at non-profit research organizations, non-profit entities, non-profit schools or universities, government research organizations and others. The applications are accepted throughout the year till the professional working visa quota is reached. Every year the fiscal year start from October 1st and is continued till the quota has been met. A quota of 65, 000 visas has been set and issued per year and an additional quota of 20, 000 visas which are allotted to those who qualify as a specialty occupation each year.

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