



Article published on June 1st 2012 | [Travel](#)

If you and your family love to stay active on your holidays then Monte da Quinta is the perfect resort option for you. This stunning resort is located in the beautiful Algarve region of Portugal and the balmy climate is perfect for outdoor living.

Top Class Accommodation

Monte da Quinta can offer luxurious accommodation close to lots of great activities and entertainments. This will provide you with a comfortable place to return to at the end of a long day out in the sun. The accommodation offers comfortable sleeping and living arrangements with the option of self-catering style living for those that want the freedom to prepare their own meals during their stay.

With Monte da Quinta you will be able to choose between a range of exclusive townhouse or large villa style accommodation. Some options will come with private garden and swimming pools so that you can relax in the peace and quiet of your own space whilst on holiday.

Excellent Facilities

The main attraction of Monte da Quinta for many guests will be the excellent facilities available. There are so many things to see and do it can be almost overwhelming at times. Monte da Quinta is ideal for a fun outdoors holiday and some of the great activities on offer include:

- Swimming - Monte da Quinta has a number of lovely outdoor pools that are perfect for swimming and relaxing in the sun. For those slightly cooler days there is also a heated indoor pool available to keep you active and entertained.
- Fitness - you can keep up with your fitness regime in the Monte da Quinta resorts modern well-equipped fitness centre. This versatile gym space offers a range of equipment for cardio work and weight training.
- Kids Club - Monte da Quinta can offer access to a popular holiday kids club. This is ideal for families with children. Kids will love the fun activities and entertainments on offer and the club will ensure parents get some time off to enjoy their own interests during their stay.
- Spa - it is not all physical work at the Monte da Quinta resort. You can relax and unwind on your rest days in the wonderful onsite spa. This is a wonderful way to pamper yourself after lots of activities and you can ease tired muscles in the enticing Turkish style baths. There are also some great beauty treatments available to refresh and revitalise the body.

Shopping

You don't have to travel far to stock up on all your essential items at Monte da Quinta. There is a good small supermarket onsite for groceries, toiletries and gifts. This supermarket is located close to the main accommodation so you can easily walk there and enjoy a stroll in the open air.

Article Source:

<http://www.articleside.com/travel-articles/love-activity-holidays-choose-monte-da-quinta-for-fun-in->

[the-sun.htm](#) - [Article Side](#)

[Michael Reilly](#) - About Author:

If you love outdoor activities then the a [Monte da Quinta](#) resort is a great option for your next break. The wonderful balmy weather combined with the excellent facilities available makes this the perfect activity holiday destination.

Article Keywords:

Monte da Quinta, monte da quinta resort, monte da quinta club, monte da quinta suites, mdq suites
Quinta do lago

You can find more [free articles](#) on [Article Side](#). Sign up today and share your knowledge to the community! It is completely FREE!