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If you have been watching too many channels of late, then chances are that you will be tired of seeing orchestrated shows with nothing new. Reality shows are a lot different. It will actually be a refreshing change where you can relate it to your own lifestyle. No makeovers, no silly settings—everything real almost. If you thought that reality shows have all been made as the events uncovered, then you are mistaken. Some channels will fake that too and pass it off as real. But nevertheless they can be refreshing for some of us. The only thing that you can sure is real, is the news channels. As for the rest you will need to take it with a pinch of salt.

Come on, everyone can agree that not all reality shows are classy sources of entertainment and they're mostly not informative. But still there are dozens of new reality shows coming up every month. How is that they get produced every so often? It's not completely about viewer statistics. Reality shows don't require huge budgets to produce as compared to prime time drama shows. While as drama shows need expensive sets, an all star cast and brilliant story writers (who also need good money) to achieve prime time success; reality shows need none of that. They just need a dirty plot, interesting characters and they're off to make a commercial success. Every Jane, Sam and Lucy loves a bit of drama and its all the more interesting if you're made to believe it's real.

Now everyone is behind reality shows. Reality shows help people to show their true talent to the world. Most of the upcoming dance artists are the product of reality shows. As there is no gender differentiation, everyone will get equal opportunity to showcase their talents. Dancing with the Stars is one of the popular dance reality shows airing on ABC in the United States. In this dance show, celebrities will pair with professional ballroom dancers in live contests. So You Think You Can Dance is the other hit reality dance competition that is searching for blooming dancing talents. Dance reality shows encourage audience to dance with the contestants. So everyone is enjoying dance reality shows in their own ways.

With the reality shows picking up so much in the commercial industry, fashion is not far behind.

Nowadays, there are so many reality shows for young talents to be recognized. There used to be a time when a handful of fashion designers ruling the fashion industries, thanks to the invention of reality show this scenario is slowly changing. Be it for clothes, jewelry or even make-up, young designers are encouraged to show case their talents. And the final winner is chosen meticulously without being lenient and with so many rounds that even an amateur designer becomes a professional by the time he leaves the show winner or not.

The basic disadvantage of reality shows is that nowadays it is becoming less reality based. The basic aim of majority of reality shows is to earn profit rather than to develop and harness the qualities of talented people. Whether it is dancing or singing, most of them are only interested in getting ratings and advertisements for the shows. They don't care about the emotional feeling of the contestants. It creates a lot of stress among contestant as they must have practiced and put their heart and one single comment and score from the judges can demoralize them. As we all know it is very difficult to get into the good books of judges. Especially for children and teenagers, reality shows makes them depressed and emotionally strained.

With the advancement of technologies and with the introductions of the high definition TV, reality shows have moved away long. While most of the reality shows are entertainment based and these programs portray music and dance. There are reality shows on personal development aspects, counseling, celebrity shows and so on.

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Being a freelance writer and active blogger, I like to share my thoughts with the rest of the world and to source out some great deals home service like a [Time Warner TV](#). A lot of people have a passion for watching reality shows. As there are different kinds of reality shows, people have their own interests in knowing which kind of reality show suits their interests.

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