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The art of hydroponics is based on the principle that plants take in nutrients directly from deposits in water.

Soil itself is simply a reservoir that houses the nutrients; the ions in the water are what allow the plant to absorb the

mineral nutrients. These nutrients work with the light that the plant receives to convert it into energy or "food".

Without proper lighting, plant growth will slow or stop.

The leaves of plants are what collect the light and transport it to the rest of itself for conversion into energy. The

more bright or intense, the light, the more energy the plant can produce. And with more energy, the plant will grow faster

and bigger. Hydroponic lighting therefore is an extremely important part of the entire indoor gardening system. Modern

hydroponics requires modern equipment such as digital electronic ballasts. Top quality digital ballast runs cooler and

quieter, saving money in costs. They also increase the energy to the bulbs, making them burn brighter. This increased

brightness provides more light, therefore, more energy to your plants without any increase in operating costs. Therefore,

your plants can now take advantage of the extra available light, and put it to use for better growth.

Digital ballasts are the most cost-effective way of improving any type of hydroponic lighting system. Since digital

electronic ballasts come in various wattages, they can be used by small hydroponic hobbyists, all the way up to a large

commercial hydroponics operation. Use a top quality ballast that runs cool, is very quiet, and is of good value for the

dollar. The best ballast will be affordable in price and will have a very low failure rate. The most efficient and

effective digital ballasts will keep your bulbs burning at a steady rate, so flicker and fluctuations in intensity will be

very minimal. If your plants get a steady and constant amount of bright light without any variances in intensity, they can

better use that light for conversion into the energy they need to thrive and grow.

Hydroponics is a growing interest and industry that is constantly improving upon itself. Hydroponic lighting is crucial to

an effective yield, and using top quality components such as digital electronic ballasts to keep that lighting constant

cannot be overemphasized. Spending money now on top quality hydroponic lighting components like ballasts will pay off in

the future with lower operating costs and bigger yields. And with a cooler, quieter, and brighter growing environment,

your plants will reward you with better growth.

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To find out more about ballasts a [Hydroponics](#), visit AVION Ballast

Systems a [Hydroponic Lighting](#) and get your plants growing!

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