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Make It Personal with Gourmet Foods Gift Baskets by [Joanna Morley](#)

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There isn't a better way to say a genuine thank you or a sorry than with gourmet foods gift baskets. The fact that these foods aren't enjoyed on an everyday diet makes it special and speaks of your intentions. There are hundreds of goodies that can be chosen to form a gourmet goodie baskets. Here are some of them:

- Wine: Good food and wine have always been great companions. A typical wine/beer gourmet food basket would include a classic wine, some gourmet cheese and crackers. Some gift shops allow customers to customize their wine bottles by etching them with logos, text, images, renderings, etc. These can be used as a promotional item, especially to announce a product launch.
- Cheese: These are usually included in the gift baskets with wine. You can choose from a wide variety of cheese, including new cheese, flavored cheese, aged cheese, blue cheese, cheese assortments, and even cheese serve ware.
- Ice creams: Who wouldn't love delectable ice creams and sorbet that melts in the mouth? You can choose from a wide variety of flavors from the exotic (made with vanilla beans from Madagascar) to the simples (chocolate caramel).
- Chocolates: Chocolates are another favorite choice of gourmet gift baskets. You can choose from a wide variety of truffles, cookies, candies, Easter bunnies, brownies, chocolate covered berries and nuts, tiramisu caramels—the list is endless. Chocolates are a favorite among companies looking for corporate gift ideas. These can be customized with the company's logo and brand name as well.
- Fruits and vegetables: Gift baskets with exotic fruits and vegetables are sure to be loved by the health conscious. Rustic fruit preserves, rare truffles, tropical fruits, olives, vegetable spreads, pickled vegetables are some of the ingredients that make up an exotic fruits and vegetable basket.
- Meat: Hams, bacons, hickory smoked meat, cured sausages, tenderloin, salami, and foie gras are all favorites in a food gift basket. You can also choose to include spiced leg of lamb. For a little extra cost you can buy organic meat that is free from chemicals.
- Seafood: Seafood is a popular choice for gourmet food baskets. But gifting these can be a little tricky. Because sea foods tend to perish easily, you will have to be very sure that the food is preserved well. Caviar, lobsters, clams, anchovies, shrimps, smoked fish, tuna, crab meat, calamari, salmon fillets, mussels, are some of the popular ingredients in a seafood basket.

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The author of this article reviews a [gourmet foods gift baskets](#) and other gift baskets offered by gift companies. She also writes articles to help people buy the best a [corporate gift baskets](#).

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