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Old Fashioned Relationship Advice That Works by [Jim Anderson](#)

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In this day and age, it seems that people are trying to improve on just about everything. Companies have stopped selling plain orange juice and now have orange juice with added calcium. Nearly every box or package in the grocery store has a new formula or says “new and improved”. Years ago there weren’t any relationship advice counselors or marriage therapists. Fortunately, now you can simply click a button and get all the old fashioned relationship advice you need right at your fingertips on your computer.

Kiss Each Other Good Bye

One of the easiest relationship tips to follow is to always kiss each other good bye. It may sound a bit silly but that little show of affection when your spouse leaves goes a long way. Making that little effort to kiss your mate each day when he or she leaves for work is a great way to ensure that your spouse knows how much you love them.

Keep Up Your Looks

You should always try to look your best for your spouse. You needn’t walk around the house on Saturday mornings in a business suit or cocktail dress but keeping yourself neat and tidy is a must. Many love relationships fall to the wayside simply because one of the people has let themselves go. It is really important for both people to keep up their appearances so the other one will still be attracted to them.

Stay Sweet

When you and your love match started dating, more than likely you were both very sweet to each other. That sweetness should be maintained throughout your love relationships. Although every married couple has times when they don’t see eye to eye, the sweetness that enveloped you both early on should never be forgotten.

You should make it a point to make sure that you say at least one sweet thing to your spouse every single day. It could be a simple compliment like “You smell really good today” or “I know that you hate cutting the grass but I wanted you to know how much I appreciate you”. These little things keep the sweetness in your love and relationships.

Double Dining

One of the keys to keeping love relationships strong is by dining together. Whenever you are both at home, you should make it a point to sit down to meals together. This will give you both the opportunity to talk about your days and other light topics. All topics that could prove to be stressful or cause a disagreement should be avoided at mealtime. The meals you share with your love match should be pleasant and relaxing rather than uncomfortable and troublesome.

Chivalry Shouldn’t Be Dead

Many people who have experienced long and lasting love relationships, attribute part of their success to having equally respectful mates. Although women have struggled to gain equality for centuries, that doesn’t mean that chivalry needs to be kicked to the curb. A man opening a door or holding a chair for his love match is simply a sign of respect for his spouse and not a show that

females have any less value than men. Such respectful gestures are often practiced in successful marriage relationships.

Never Go To Bed Angry

When, not if a disagreement or argument happens in your love relationships, you should talk about the problem quietly and privately. Speaking in anger without having thought about the problem calmly and reasonably will only result in the escalation of the situation. You should speak to each other respectfully and in a normal tone of voice. This will ensure that you will be able to have an adult discussion and solve the problem quickly and painlessly.

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Jim Anderson is a freelance writer who writes extensively about people tackling problems in their a [love relationships](#) and the relationship quotes which provide useful relationship advice. He provides relationship tips to help people improve relationship communication in their love and relationships.

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