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Voice Training Improves the Quality of Voice by [Maria Gini](#)

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Voice training is a procedure of instructing singers as how to improve their singing skills and how to develop their voices taking a proper care. It is quite essential to train a singer especially when the singer has to give the performance on a stage or in a program. Vocal coaches that give the training are highly experienced either in the field of singing itself or in other music related areas. In the second case, the coach can also be a person, say, a guitarist who has accompanied singers for many numbers of years and mastered in the techniques with the enormous experience that he has amassed. Though it is very rare, but at times the voice coach is also a person who does not have any knowledge in music and related spheres but has incomparable medical knowledge about the vocal chords and throat.

Vocal singing training trains the singers to sing following certain vocal techniques. The vocal technique is a process of effectively combining the various physical processes of singing which include respiration, resonance, phonation and articulation. Though singing doesn't require much muscle strength, it requires a very high level of muscle coordination. This can be gained with regular and systematic practice of both songs and vocal exercises. The various vocal exercises include warming up the voice, increasing the range of the voice, lining up the voice horizontally and vertically, and the acquisition of techniques such as staccato, legato, rapid figurations, singing wide interval with ease, control of dynamics, singing trills, melismas and learning the correction of various vocal faults. Vocal coaches teach the singers how to make the proper use of their voices. Voice training is thus a careful and proper training to brighten the skills of a singer.

The important aim of vocal singing training is to enable the singers sing at the original vocal range without any disrupting change in the quality of the voice. Hence, the vocal coaches, in order to help the singers to achieve the above mentioned goal with the effective coordination of all the physical processes involved in singing.

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