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Preparing for Divorce by [Selena](#)

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Getting divorced is one of the most traumatic and painful processes that many of us are likely to go through. While it is of course incredibly painful to lose someone we love and to know that things won't go back to the way they were with them. This is far from the only thing that happens when we find ourselves going through divorce. At the same time we also find ourselves struggling with the loss of our possessions and property, and huge changes to our lifestyle. Often our marriage dictates a vast range of things about our lives " from who we socialize with, to what we do in the evenings, to how we holiday. When you lose that, you can stand to lose everything.

Thus it is important that you do everything you can to ensure that you limit the amount you lose. While you can't do anything to avoid losing your relationship at this stage (most likely anyway), you certainly can make sure that you hold on to your finances your possessions and your other relationships. The best way to do this is by preparing for your divorce financially, legally and socially " and it's important not to have the reaction which many people have of denying the situation and avoiding confronting it.

First of all then, you should speak to your partner and try to be as reasonable and logical about the process of divorce as possible. While you will likely be parting ways with some animosity, this doesn't mean that you can't be adult about it and come to mutually agreeable situations where possible " and this is especially important with regards to your children. Discuss with your partner then what you think would be the best situation for your children and who should get custody etc. Likewise you can also discuss fairly and reasonably who will get possession of your other items and how you will divide your assets.

Whether or not you seem to be coming to some agreement, it's always important to make sure that you involve a divorce lawyer. If you do not, then you will be open to attack and abuse and you could stand to lose your home, your savings and your belongings. Speak with a divorce lawyer early and make sure that you can defend yourself legally.

You can also use a divorce lawyer as a consultant to help you make the right decisions regarding your divorce and to help you to protect yourself in other ways. You might for instance be able to protect your assets by taking out Swiss Annuities, or by investing in items of high value. This can help you greatly in an aggressive divorce, but it can be legally complex working out precisely what is allowed and what can get you into trouble which is where a divorce lawyer comes in.

Finally make sure that you speak openly and honestly to your children, to your family and to your friends and that you don't ask them to take sides, but instead explain to them that you want to stay in touch.

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You can lose a lot more than just your marital status in a divorce. To help you protect your assets and finances, find a [New York city divorce lawyer](#). You can find a [divorce lawyer Connecticut](#) by clicking the links.

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