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Basic about hip replacement and knee replacement surgery in India by [Nathan Jone](#)

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Years and years of pain and deteriorating condition of the hip joint can leave you with extremely low mobility. Personal as well as social life really gets affected with the low mobility and hip joint pain. Due to these issues one is absolutely unable to do anything, any kind of activity as one was doing earlier with total ease and comfort.

Just think about it! if you have already exhausted all the attempts to find a relief from all that pain and the stiffness, it is may be the right time for you to seek serious medical help from your doctor and may be consider getting a hip replacement operation. After all you really don't have to bear the pain for the whole of the life. And do not worry too, hip replacement surgery is a really common surgery and has a really huge success rate.

Of course it depends on your age and also on the condition of the hip but as far as the medical science goes; total hip replacement in India can offer the best of solution to the problem. When a hip replacement is done a ball and socket prosthesis is affixed and the whole hardware last up to 20 years. Although the hardware can be replaced in case the existing prosthesis derogates. In case you are young, then your doctor may suggest that your surgery may be postponed. The doctor may put you on medicines and may also ask you to implement some of the lifestyle changes to help control the symptoms until it is really the right time for a joint replacement for you. This stands true in case of knee replacement surgery in India. Losing weight can also take away tremendous quantity of stress off of your hip joints and knee joints.

There are certain precautions that have to be taken in case you get a hip replacement or knee replacement surgery done. A patient has to follow certain strict precautions to restrict his/her movement or positions of the new replacement. These precautions are important to prevent the hip or knee from dislocating.

Now that you have the basic information about the hip replacement and knee replacement you can go ahead with the treatment to get your problem eliminated. Research a little, ask you friends and relatives and then make an informed decision about the surgeon who you want to trust to treat your knee or hip problem. Knee and hip replacement in India is available widely at almost all the big hospitals. What you have to do is to find the best orthopedic surgeon in Delhi to avail an expert and extremely convenient surgical treatment.

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Dr. Shekhar Agarwal is one of the best a [orthopaedic surgeons in Delhi](#) and is greatly trusted for procedures such as orthopaedic knee replacement in Delhi. Dr. Shekhar Agarwal is one of the most experienced joint replacement surgeons in India with more than 30 years of National & International experience in a [Knee Replacement Surgery India](#).

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