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Two Major Memory Foam Mattress Varieties: a Sneak Peek by [Julia Roger](#)

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Wish to have a comfortable night's sleep? Well then think no further than memory foam mattresses. While a majority of people are not really concerned about the mattress, considering it to be an item of much lesser importance compared to other luxury items around, a bad mattress can have disastrous results.

And talking of good foam mattresses, there is but one name that slips into the discussion- memory foam mattresses. While these items are available in a variety of choices, the memory foam mattress queen rules the roost. These mattresses can accommodate two people at a time, providing ample comfort to each. However, if you want more space, then the memory foam mattress king is another variety of memory foam mattresses worth considering.

In choosing a comfortable mattress, there are a few important factors that need to be borne in mind. The size of your bed and dimensions of the room where the mattress is to be placed are undoubtedly the most important among them. If you don't have ample space inside your bedroom for a memory foam king, then go for its smaller version-the memory foam queen.

Regardless of the mattress variety you ultimately settle for, the memory foam king or the memory foam queen, comfort will be the ultimate gain. A comfortable foam mattress is one that delivers the best and yet feels firm beneath the body. Both these criteria are met perfectly by the memory foam mattresses. Moreover, if you happen to be suffering from backache problems, then these foam mattresses can offer you extra relief.

So how exactly do memory foam queen mattresses help you relieve pain? Well, it works by delivering firmness, while providing your back with all the support it needs. After a relaxing night's sleep, you will wake up next morning feeling all energized and rejuvenated. However, as discussed already, if you want to have something bigger than the average memory foam queen grace your bedroom, then settle for its bigger cousin-the memory foam king.

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