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There is no denying that a healthy mind can work better. Workaholics can last only up to a certain time; a wise worker is the worker who gives equal importance to leisure. Therefore, to promote greater productivity, having a leisure area at your workplace is equally important.

A leisure area can be a space where there is vitality, some scope for natural light and fresh air. Comfortable seating space, if possible some space to rest your back, some relaxing music and great books and magazines to read. At some point in time in a day or in a week, even the best of professionals hit a stage of mental fatigue or creative saturation. At this stage, if one spends some time in a comfortable space, it can really do wonders to rejuvenate oneself and take a fresh approach at work. Therefore, in this article, we™ tell you about a few things that are must when planning a leisure area for your office.

The overall feel of the space matters: Fresh air, panoramic view, some natural light and greenery are extremely soothing to ones eyes and mind. They just tantalize your senses and breathe in a new sense of comfort that you just stand up and start running.

We suggest you go for a space, which is close to these natural elements. In case, there are constraints and limitations in terms of having a space that can be so close to nature you can still do something about it. Go for laminate finish in the space. There are a variety of natural laminate finishes that will look feel and smell extremely close to nature.

Be careful about the artificial lighting: Artificial lighting of the leisure space is as important as the natural light. Unlike natural lights, artificial lighting can be controlled and monitored therefore giving the room an air of contrast. Especially, if you match bright and dark colours in the leisure space, then artificial lighting looks just gorgeous!

If you are using bright coloured beanbags, cushions and linens, then we recommend you try furniture and couches made in walnut laminates. Very richly textured, it feels extremely smooth and polished and thereby gives your leisure space the required edge. The other advantage of using walnut laminates is that the contrast that artificial white light and walnut colour create together gives the entire room the required depth and the place starts feeling extremely cozy and relaxing.

Free space matters: Just like the office work area, the leisure area too requires a lot of free space for one to be able to stretch without any difficulty. Stuffing the space with too many furniture items is also not advisable. The essentials are a couch, two or three beanbags, and a center table (possibly round or oval). For resting additional items like flower vases, lampshades, television or other electronics, we suggest you go for counter tops. This way you will save a lot of space and the edge-blend feature of the counter tops will ensure no one is injured or hurt due to the protruding edges from the furniture and table.

By following these simple tips, you can really make your leisure space a space well utilized. For more tips on how to do up your office, keep tracking this space.

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