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Get Through the First Few Days of Disaster... by [Riley Poole](#)

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With all of the natural disasters making headlines lately, you are sure to be wondering about the possibility of a tornado, hurricane, flood or other frightening event to occur. The threat of a possible terror attack can also be very worrisome. There are simple steps that you can take to get your family ready for the worst-case scenario. This article covers the disaster preparedness steps that you can take to be ready.

To properly prepare, you should determine what the possible risks are in your area. By knowing exactly what the potential disasters are, you can properly prepare 72 hour survival packs for those situations. This also keeps things in perspective as you do not need to waste time worrying about disasters that do not occur in your location.

Preparing something like 72 hour survival kits is a simple step that will be very useful in the event that the disaster occurs. Your kits will include the items that you need to get through the first few days of the disaster. This is the most crucial time period when things will be the most chaotic.

In the days immediately following a disaster, the power could be out, water could be contaminated, and roads could be inaccessible, making it difficult for you to go seek help. Your kit will contain some items like freeze dried food, a water purification kit, a flashlight, candles, a first aid kit, and any other items that are appropriate for the disasters you may face. By having these essential items, you can take care of your family's basic needs during a difficult time. You will want to keep the kit in a place that is easy to access and let everyone in your family know where it is.

One item that can be very useful in a number of survival situations is a blizzard survival bag. This should be included in your 72 hour survival packs if you live in a cold climate. If the power goes out after the disaster and you are not able to leave your home, it will become cold very quickly without heat. A blizzard survival bag will keep your temperature up until help is available. This is also a crucial item to have in your car or in your backpack when you are hiking.

Fortunately, preparing for these events can be very easy. There are companies that specialize in disaster preparedness. They will have all of the items that you need to prepare and they are designed specifically for survival situations. They can also help you to determine what items you should have in your kit.

Getting prepared for uncertain times is very important. However getting the items that you need is actually very easy. You will be very happy that you took the time to prepare your family for the worst-case scenario.

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