



Article published on March 15th 2012 | [Health](#)

Going to the dentist in Austin or in anywhere on the globe is still feared by many people for no good reason. Whenever it is mentioned, children and adults seem to envision large amounts of pain from having teeth extracted and a dentist prodding around your mouth who is also blindly poking your gums and teeth. Actually, advances in the health care profession as well as science and technology have provided great improvements in the field of dentistry to make it painless and far less stressful.

There are two diseases that dentists basically deal with, Deterioration of the gums and any infections to the gums and tooth decay. Both of these can be prevented and that is what dentists prefer to do is to help you by informing you to achieve this. For those who haven't been able to prevent one of these problems from happening, the dentist can treat it and relieve any pain that it causes.

Gum disease is caused by a bacterial infection. The bacterial infection starts when your teeth start to build up plaque which contains bacteria. These bacteria can then get between the teeth and gums causing an infection that pulls the gums away from the teeth, allowing more bacteria into the space increasing the infection. Very bad gum disease can cause the loss of teeth and is easily preventable by regular brushing of the teeth.

Tooth decay is caused by the bacteria contained in plaque eating away at the enamel on teeth. Once the enamel is removed then the dentin is attacked and removed which finally leaves the pulp and root of your tooth. When the pulp and root of your tooth is open, bacteria can attack it and cause large amounts of pain. This can be easily prevented but if it occurs; the final result is the loss of a tooth or worse.

The truth of the whole situation is that dentists actually hate removing teeth – it is normally a time consuming and costly procedure for both the dentist and the patient who can also be in great pain. Dentists prefer patients to regularly visit them so they can clean teeth and remove plaque from hard to clean places and repair any damage to teeth.

Other services provided are the installation of braces, bridges and dentures. When your teeth are misaligned in some way, a dentist will suggest the application of a brace to apply pressure to the teeth and force them to the correct alignment. Braces are often seen on teenagers and children as it is far easier to reposition teeth when somebody is young in age. A bridge is a replacement tooth that is held in place by putting caps in the two neighbouring teeth to keep the bridge in place. There are many people who require a denture, a fitting to replace several teeth, which can be removable or permanent.

The cost of going to a dentist in Austin should be something you never have to worry about. The teeth cleaning costs charge is low and you should only have to do this twice per year. If you have not taken good and proper care of your teeth then it can be expensive for a dentist to repair the damage to your teeth. So start exercising good dental habits and visit an Austin dentist regularly!

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Article Keywords:

Austin dental, best dentist in Austin

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