



Article published on June 1st 2012 | [Health](#)

What is the reason that even the top anti wrinkle creams fail to show substantial results? From affordable to expensive, women try all kinds of creams to get rid of signs of aging. Hardly a handful have come across products that effectively combat the appearance of fine lines. Last solution that women resort to is conceal to them using BB creams.

The problem of finding an effective cream still continues. It is indeed a difficult thing to find an effective product that visibly fights the signs of aging. The way to go forward is to understand what works on wrinkles. Loss of collagen and elastin in the skin reduces the ability of the skin to stretch. Reduced elasticity causes it to crease and develop wrinkles. The top anti wrinkle creams from reputed brands can be helpful, only if they can stimulate the production of collagen and elastin in the skin. Using just moisturizing ingredients can be helpful in prevention, though not in fighting the signs of aging.

Moisturizers

Moisturizers are extremely effective in maintaining the elasticity of the skin. Proper hydration helps the skin in dealing with everyday stretching and creasing. It makes sure that it is supple and reduces back to its normal state after stretching. Lack of moisture will cause wrinkles to appear earlier than expected. Starting early will give far better results. Pay attention to your moisturizing routine while you have still not touched 30. Early efforts will show a noticeable difference in later years. Top anti wrinkle creams contain deep moisturizing agents, which is not the right way to fight wrinkles that are old and settled.

AHAs

Prepared from natural food products, AHAs, or alpha-hydroxy acids act as skin exfoliants. Many anti-aging creams and peels contain these acids that remove the dead skin layer, making way for brighter and tighter skin. Users can see a noticeable difference in dark spots, wrinkles, and pigmentation. Excessive exfoliation can be harmful, though once-a-week use of alpha-hydroxy acids is advisable.

Antioxidants

Antioxidants, such as green tea, vitamin E, and vitamin C, prevent the skin from harmful free radicals. They are helpful in fighting the everyday wear and tear of the skin caused due to exposure to pollution and sun. Stress and smoking is also a major cause of wrinkles. Antioxidants are a great way to make up for the skin deterioration, caused by everyday stress and pollution.

Retinoids

The only way to effectively delay the signs of aging is to apply creams that use retinoids. They minimize the appearance of fine lines, and prevent collagen loss. Such creams have proved to be beneficial on wrinkles, dark spots, and for thickening the skin and improving elasticity. It may cause irritation in the beginning, though in the long run, it makes the skin stronger and more resistant to sun and aging signs.

Look for a cream with a mix of these ingredients to ensure that it is effective. Top anti wrinkle creams, that sometimes miss out on any of the above ingredients, leave their consumers

dissatisfied and agitated. Reviews of Hydroxatone come from a long list of happy and satisfied consumers. Choose a reliable brand with right ingredients and maintain that young, radiant skin!

Article Source:

<http://www.articleside.com/health-articles/what-works-on-wrinkles.htm> - [Article Side](#)

[Aretha](#) - About Author:

Hydroxatone offers the a [top anti wrinkle creams](#) and a [BB creams](#) for a younger looking you! Reviews of Hydroxatone promise a younger looking skin, faster than expected.

Article Keywords:

BB creams ,top anti wrinkle creams

You can find more [free articles](#) on [Article Side](#). Sign up today and share your knowledge to the community! It is completely FREE!