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The veins swollen with blood in any part of human skin, often found in the legs are called varicose veins. The adverse effect of varicose vein will make you painful and bulged appearance over your body. The thinner veins appeared on the skin surface is a similar condition of varicose vein which is called as the spider veins. The spider veins can also appear on your nose which is sometimes found as the cosmetic distress for some people.

Varicose vein has hereditary nature, especially found more in females which is connected with the increased blood volume while pregnancy. Obesity, aging and other injuries are some of the other causes commonly found in humans. Generally the malfunction of the valves inside our veins (GSV) will allow the blood flowing in the backward direction (venous reflux disease) and gather within exterior veins. This situation will cause the veins to get widen and resulting with the swelling. Pain, itchiness, variation in the skin color etc. are some of the symptoms found on varicose vein.

The treatment of varicose vein can be started by consulting your nearest doctor who will conduct a preliminary examination on your problem area like legs. He will be able to find whether you are facing the venous reflux disease by scientifically confirming the same with the help of duplex ultrasound test. Under this painless test, the superficial veins are examined and the doctor will be able to visualize the problem without taking much time.

Once the problem is detected, you must be careful on the situation not going to a worsen stage. The experienced doctor can help you by advising some simple do-it-yourself exercises and method to relax your blood veins. The elastic Compression Stockings are used for squeezing the blood veins to stop storing the excess blood to emerge the swell. Radiofrequency Ablation or RF Ablation also called the VNUS closure procedure is using a very small catheter with an electrode at its tip and it is inserted into the GSV to heat the wall and thereby enabling the vein to close and stop the backward blood flow. In the Sclerotherapy, injection of a diluted medicine will make the blood vein irritated and scar the irregular veins to stop filling with blood. In Phlebectomy a small incision is made next to the varicose vein and tugging the vein with a grasping tool.

The renowned hospital in Northern Virginia called Center for Interventional Medicine (CIM) is a team of highly qualified and experienced doctors using the latest technology in their medical practices. They are giving greater attention to their patients with proper treatment suggestions based on the patients' age and stage of diseases. There is nothing risky if you can spot your disease at the earliest by having a safe consultation.

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