



# Article Side

The Hearing instrument and how to properly Insertion it in your ear by [Crowin Smith](#)

Article published on February 21st 2012 | [Health](#)

How do I put in my hearing instruments? Learning how to use them is a new practice. It should not be too hard, but you learn at a different pace. In time you will master insertion of your hearing instrument. First time users may find it helpful to start when sitting at counter top, table, or other soft surface to prevent the listening instrument(s) from falling on a hard floor surface. Avoid areas where they could fall on tile, porcelain, or marble.

For an in-the-ear (ITE) product:

- Stand in front of a mirror to see what you are doing, but don't look directly at the aid.
- Check to make sure the color of the hearing instrument matches the appropriate ear. Red is for the right ear and blue is for the left ear. Color indicators vary in size.
- Line up the hearing device with the ear with the long canal portion closest to the ear.
- Rotate the aid slightly forward and insert the canal portion of the hearing aid instrument into your ear canal.
- Turn the aid slightly downward, toward the back of your head, to make it fit in its place.

For a behind-the-ear (BTE) product:

- First insert the ear mold following the steps above.
- Next, slide the hearing device over the back of your ear. The tube that connects the two pieces should rest comfortably on the side of the head.

How do I take out my hearing aid(s)?

- Pull on the top of the ear slightly to break the seal of the aid.
- Grasp the ITE hearing instrument or ear mold of the BTE and rotate it forward (toward your nose) and gently pull it out from the ear.

Next time you will be a pro at taking out your aids and that's great! You should not even realize you are doing it. For most people it's a natural process. If you have any issues, let your provider know and so on as needed. Please contact your hearing healthcare professional if you continue to have difficulty with hearing aid insertion and removal.

In the meantime, your Hearing Instrument Specialist will be there to:

- instruct you on the proper insertion of your new hearing instruments.
- show you basic care and maintenance of your instruments
- provide an individualized program to help you adjust to your newfound ability to hear
- consult with your family and therapist to help you better communicate with others and help

adjust tD¾ Ñfour nDµw hearing system

Article Source:

<http://www.articleside.com/health-articles/the-hearing-instrument-and-how-to-properly-insertion-it-in-your-ear.htm> - [Article Side](#)

[Crowin Smith](#) - About Author:

For more information regarding a [Hearing Instrument](#), Please visit a [Thehearingaidgenie.com](http://Thehearingaidgenie.com)

Article Keywords:

Hearing Aid reviews, Hearing Aid devices, Digital Hearing Aid

You can find more [free articles](#) on [Article Side](#). Sign up today and share your knowledge to the community! It is completely FREE!