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Rising Occurrence of Asthma in Ireland by [Alice](#)

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Asthma in Ireland is surely a worrying factor, and the rise in the number of cases has tempted health authorities to take proper action to prevent the growing menace. Ireland is one of the leading countries in the world with highest number of asthma cases registered. Research by the Asthma Society of Ireland suggests that 274,000 people get affected with asthma in Ireland.

The occurrence of asthma is particularly high among the children however adults need to take care to prevent themselves from asthma. The Asthma Society of Ireland has been conducting research and analysis based on the reports of 5000 households to assess the real situation. As per the report, 73 percent experienced problem in carrying out their daily activities, 70 percent experienced problems after smoking, and 55 percent victims faced sleeping problems at night due to sudden occurrence of asthma.

The worst sufferers are probably the children as most of them are unable to attend school for days. This happens because they are not able to control asthma and continue to get affected. Precious working days are lost even for adult citizen, and thatâ€™s amount to huge losses for the Irish economy.

Asthma is not only confined to Ireland but across the UK where more number of people are affected from it. More than 50 percent of the citizen doesnâ€™t have access to proper treatment which has the ability to heal the problem permanently. The rising health cost is also an influencing factor as people tend to neglect the disease in order to save money. Proper medication and treatment is required to get rid of asthma. The Asthma Society of Ireland (ASI) is putting their best foot forward to slash the prices of health services across Ireland. And thatâ€™s truly been beneficial in reduction of asthma in major areas of the country.

Xolair is provided to the victims with severe respiratory problems. Medicines such as Xolair could drastically reduce the occurrence of asthma however treatment should be done in a timely manner. Even doctors nowadays recommend the use of proper bed mattress covers, pillow covers, duvet covers, allergy spray and cleaner to protect from dust mites. Dust mites happen to infest almost every house in Ireland, so itâ€™s indispensable to find the ideal way out to control them.

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