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Painless Bikini Waxing: Now Also Available for Men by [Justine Cricks](#)

Article published on February 20th 2012 | [Health](#)

Bikini waxing involves applying melted wax over designated regions in the pubic area and forcefully pulling out hairs along with the wax. It can be rather painful, which is why some patients are advised to take oral pain relievers beforehand. Yet no matter how painful it may be, bikini waxing is highly sought after due to its long-lasting results.

However, health care professionals and some aestheticians are concerned with health issues associated with removing pubic hair through waxing. Apparently, there has been a recent rise in folliculitis, the inflammation of hair follicles from bacterial infection. This condition is mild and treatable, but it can lead to abscesses that need more advanced treatments involving incisions and draining.

Fortunately, customers who go for waxing treatments can opt for topical pain-relieving creams with ingredients that care for the skin.

Meanwhile, more and more men are also becoming drawn to waxing hair from "down there." Aside from the obvious benefit of having smooth hairless skin, waxing helps get rid of dead skin cells, reducing the risk of bacterial skin infections and germs that carry herpes or warts. However, men taking medication with tretinoin (the acid form of Vitamin A), isotretinoin, and adapalene are advised against undergoing pubic waxing as these substances can weaken the skin and increase the risk of tears or lesions.

Furthermore, the smooth and tender skin on the scrotal sac requires a little extra care. Compared to women's outer labia, this is rather loose and tender and does not grow any hair at all. Luckily, pain free bikini wax is now available for men. The composition of the product is the same as that for women, but with additional ingredients meant just for men.

Jojoba oil and Aloe vera extracts in the numbing cream contain antifungal and antibacterial components, which makes the painless bikini wax session less likely to cause any infections. The analgesic cream's potassium sorbate content inhibits molds and yeasts that usually cause skin irritation in the pubic area. It allows the skin to protect itself even before the waxing session begins. Other types of topical analgesic cream exclusively designed for men contain benzophenone-4 or sulisobenzene, a natural sunscreen, and dimethyl sulfoxide, an anti-inflammatory and antioxidant substance.

Most importantly, creams used for painless bikini waxing contain lidocaine, a potent analgesic. Lidocaine is commonly used for minor surgeries including dental procedures. Lidocaine is also used to relieve jellyfish stings, which everybody knows can be quite excruciating. Thus, with such potent components, any man or woman can enjoy pain-free bikini waxing.

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