



## Article Side

Los Angeles Cosmetic Surgeon - Techniques used for Facelift Procedure by [Losangelescosmeticsurgeon](http://www.articleside.com/health-articles/los-angeles-cosmetic-surgeon-techniques-used-for-facelift-procedure.htm)

Article published on January 31st 2012 | [Health](#)

Regardless of how well you take care of your skin, aging will still have an effect on your face and wrinkles will result. Taking proactive steps can help reduce the visible signs of aging. A facelift is a popular surgical technique that can help rejuvenate the appearance of the face. Facelift techniques and technology have been improved over time. Today, there are many Los Angeles Cosmetic Surgeon that routinely perform face lift procedures. Both men and women can benefit from a face lift procedure if they find an experienced cosmetic surgeon.

A face lift is a great way for men and women to look younger with one surgical procedure. A face lift Los Angeles extends below the skin to reposition the underlying facial muscles and tighten sagging skin. A face lift can be tailored to meet the patient's needs to reduce the appearance of wrinkles and excess skin in order to achieve a rejuvenated and natural look. Wrinkles affect both men and women equally meaning they can both benefit from a facelift surgery. Because of their hair, the incisions of a facelift are much easier to hide for a woman. However, a good cosmetic surgeon should be able to make inconspicuous incisions for a man as well.

The incisions for a facelift are made just inside the hairline at the temple and extending down along the natural curve of the ear. The scars are positioned behind the hairline in order to reduce their visibility. Once the incisions are made, the facial surgeon will reshape and sculpt the face. The muscles are then returned to their original position and the fat is restored to where it was diminished. In some cases, the neck is also targeted during a facelift through a small incision underneath the chin. The last step in a face lift is to drape the skin over the new foundation to reduce the excess skin and close the incisions. The incisions can be closed with stitches, staples, or skin adhesives, depending on each patient. The surgery can be performed as an outpatient procedure but in some cases the surgeon may recommend that the patient stay overnight.

There are several medical advancements that have been developed to make facelifts more natural looking. Cosmetic surgeons are able to achieve incredible face lift results with minimal scarring. A face lift is a detailed procedure that requires a skilled board certified surgeon so that it takes years away from a patient's appearance without making it obvious that the procedure was done. A face lift is a safe and effective procedure that enhances a person's physical appearance. There are several cosmetic surgeons across the country that offer a wide range of options to get the procedure done with amazing results. A face lift is not intended to correct a physical condition but rather give patients a better quality of life by giving patients a younger and relaxed look

Article Source:

<http://www.articleside.com/health-articles/los-angeles-cosmetic-surgeon-techniques-used-for-facelift-procedure.htm> - [Article Side](#)

[Losangelescosmeticsurgeon](#) - About Author:

Los Angeles Cosmetic Surgeon, Dr. Sean Younai of the California Center for Plastic Surgery specializes in Los Angeles Plastic Surgery, Los Angeles Liposuction, and other Los Angeles Cosmetic Surgery

Article Keywords:

## face lift Los Angeles, Los Angeles cosmetic surgeon

You can find more [free articles](#) on [Article Side](#). Sign up today and share your knowledge to the community! It is completely FREE!