



## Article Side

Laser: the Painless Way to Remove Hair by [Jacintohukle](#)

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Up until recently, painful hair removal methods were the only options to get rid of unwanted hair. Waxing, the application of wax mixture on skin, and electrolysis, the use of heat probe inserted into surface hair follicle, are excruciating procedures, but nonetheless accepted as the norm. Since the mid-nineties, laser hair removal has been practiced in many dermatology clinics throughout the US, and some brands even marketed for consumer self-treatment. Laser hair removal is no longer regarded the experimental treatment it once was.

Laser hair removal or photoepilation involves pulsating laser beam passing through skin to target hair follicles, dissolving hair growth. With the proper wavelength of light energy, the melanin pigment in tissue components is targeted without damage or effect on the surrounding areas. It is a relatively painless medical procedure which differs from its progenitors, but photoepilation's long-term, permanent hair removal guarantee, combined with value cost, significantly adds to its appeal and popularity.

Common target areas for laser hair removal are on the armpits, upper lip, legs, and the bikini line. Laser innovations for hair reduction come by way of investigations into specific wavelengths of light matched with exact pulse duration to obtain optimal effect on specific hair color and skin types. Lasers act best on dark target matter (melanin) and dark coarse hair against light skin, but seldom effective on white, blond or gray hair. But new lasers are emerging to treat darker toned, or lighter-haired patients who seek out or return for permanent laser hair removal.

Temporary darkening (or lightening) of affected skin is a common side effect after the procedure. Crusting, blistering and irritation also occur, but are temporary side effects. If you must consult a laser hair removal salt lake city doctor, choose one who is board certified in a specialty such as dermatology or cosmetic surgery. Spas and salons may offer hair removal services but be wary if the procedure is unsupervised by nonmedical personnel.

Your laser hair removal Salt Lake City Utah doctor should review your medical history and discuss the risks and treatment prospects, a treatment plan and long-term review, while disclosing all related costs. He or she should offer you tips to prepare for the procedure such as avoiding the sun or tanning products.

While many spas and clinics offer laser hair removal services, choose medical practitioners, such as those at Salt Lake City laser hair removal centers who are dedicated members of a leading network of providers. Some of them even use a combination of light and radio frequency energy for hair removal which purportedly uses less energy and causes fewer to none adverse reactions. For more facts about laser hair removal, visit [http://www.hairremovaljournal.org/does\\_hurt.aspx](http://www.hairremovaljournal.org/does_hurt.aspx).

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[Jacintohukle](#) - About Author:

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