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Lab-based Home Tests for Anaemia, Thyroid and Osteoporosis by [Hanley Morgan](#)

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There are several health conditions that cannot be dealt without adequate medical treatment from an expert. However, before getting the condition, that you think you are suffering from, diagnosed by a physician, you may want to find out whether the suspicion is true or not, especially if you are in the process of waiting for an appointment with a specialist. It may help you to receive a better understanding of your physical condition. At the same time, if you are willing to do some research on the condition, then it may help you to interact better with your doctor. The finger prick tests generally require a tiny blood sample, but there are also diagnostic tests that require a urine sample. If you are ordering a finger prick test online from a test provider, you may have to collect a sample at home and return it to the laboratory working in conjunction with the test provider. The most popular finger prick tests include the anaemia test and thyroid test, but you may also choose to do a osteoporosis test which requires a urine test.

Anaemia Test:

Quite simply, anaemia is a blood disorder, characterised by a reduced amount of red blood cells or lower level of haemoglobin in the red blood cells. This can lead to a lack of oxygen circulation in the body. One of the commonest forms of anaemia is pernicious anaemia, which is caused due to insufficiency of vitamin B12. This health condition can easily be diagnosed with the help of an anaemia test. You can purchase a test kit, collect the blood sample as per the instruction provided in the kit and then send it to the associate laboratory that works with the online test provider of your choice. Your anaemia test kit will enclose everything you need for sending the sample and you will be informed when your test results are ready via email.

Thyroid Test:

The proper functioning of thyroid gland is necessary because the hormone produced by it plays a major role in controlling your metabolic rate and growth. If you find any symptom that possibly has a connection with any of these conditions, you may opt to take a thyroid test. The simplest way to undertake the test is to order a test kit from a leading online healthcare service provider in the UK. The kit will contain a finger prick lancet for collecting your blood sample. It will also have a prepaid envelop that you need to use for sending your blood sample to the laboratory working with the test provider. The concerned laboratory will perform thyroid test with the help of ELISA technology, which will help to screen the level of antibodies, responsible for causing the condition.

Osteoporosis Test:

Osteoporosis is quite a common type of bone disease, characterised by gradual fragility and thinning of the bones. People suffering from this condition are at a higher risk to suffer from bone breakage or fracture, compared to those who don't have this problem. An osteoporosis test may help a person to determine the level of deoxy pyridinoline (DPD) in his/her body. If the results show presence of considerably higher amount of deoxy pyridinoline (DPD) in a person's urine, then the risk of osteoporosis in that case of quite high. You may order an osteoporosis test kit which needs to be sent back to the corresponding laboratory after enclosing your urine sample with it. Generally a notification that the results of test are ready is sent to your personal email id within following 5 working days. Millions of people in the UK are reported to suffer from this condition. Your decision to opt for an osteoporosis test may help ensure better healthcare.

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