



# Article Side

Female Hormone Therapy and Hormone Replacement by [Angie Turner](#)

Article published on June 23rd 2012 | [Health](#)

Every men and women reaches a stage in life where hormonal changes start taking place as they age. For some, it is very painful as it causes a few problems in the body. Women do come to this phase when they are about to begin menopause. Hormonal changes starts to begin before menopause and continues sometime even after that. Therefore many doctors suggest hormone therapy. This therapy in certain cases helps in reducing the disease that we think are generally caused due to age, but is actually caused by less hormone count.

Women experiences different types of pain which also includes breast pain. Many people go through surgeries for such pain as this might cause cancer. In certain cases artificial hormones are used to mix with the original one and increase the count but it has been seen in most cases that the people suffer from breast cancer or high blood pressure. Proper diet and proper intake of vitamins are very essential from the very beginning to avoid such situations. Due to work pressure and stress of various kinds, women forget to follow these basic, simple rules which result in breast cancer or high pressure symptoms. female hormone therapy is suggested by all but not everyone is as famous for doing it in a very well and experienced which is again not safe for the female body. In general there is a huge difference between hormone therapy and female hormone therapy, if the former is done that can be effective as natural hormones are used but in hormone therapy the opposite is that which can lead to much bigger problems.

Hence if your doctor suggest you one, enquire if they are suggesting a female hormone therapy or the general one. Only choose for the female hormone therapy for accurate and useful results.

Article Source:

<http://www.articleside.com/health-articles/female-hormone-therapy-and-hormone-replacement.htm> - [Article Side](#)

[Angie Turner](#) - About Author:

For more information on a [hormone therapy](#), check out the info available online; these will help you learn to find the a <http://www.hormonetherapy.pro/>!

Article Keywords:

hormone therapy, female hormone therapy