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Eliminating Cataracts with the Help of Burnaby BC Eye Specialists by [Vincent Davis](#)

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It offers people the capability to recognize everything around them. The eyes act as a camera that records everything for the mind to comprehend. If it wasn't for the eyes, we could possibly never have an idea of how attractive a person looks like, why sunsets are something to look forward to, and how fantastic life is. Everyone should therefore take good care of their eyes or there will be nothing in store for them except for darker days.

Most people are born with 20/20 vision. However, vision can depreciate over time as a consequence of unhealthy routines like staying for prolonged hours facing a computer, vitamin deficiency, and many others. In America, cataract counts among the most common eye disorders. It is an eye condition in which the lens of the eyes becomes cloudy, inducing blurry vision. The lens focuses light rays onto the retina, the light-sensitive tissue at the back of the eye.

Cataract is frequently associated with aging. People from age of 55 or older are particularly vulnerable to the disease. However, there are examples where cataracts are already present shortly after birth. Early symptoms of cataract consist of blurry vision, sensitivity to glare, dulled color vision, and complication with reading. Having cataracts can be compared to looking through an automobile's foggy windshield; everything is a blur, and it is almost difficult to view things clearly.

Once you experience any of these manifestations, you ought to check out a Burnaby optometrist. Optometrists are certified to carry out eye exams, prescribe corrective eyewear, and diagnose and deal with certain eye conditions. If your case goes beyond their expertise, optometrists can refer you to ophthalmologists, experts who concentrate in eye surgeries. The distinction between the two eye specialists is that ophthalmologists perform eye surgical treatments while optometrists favor to exhaust all feasible non-surgical means to alleviate the problem.

Cataracts may not call for surgery. Just because you have one does not indicate that they have to be removed instantly. In the early stages, they can be adjusted by simply changing one's glasses with greater bifocals or by using magnifying lenses. Unless the optometrist Burnaby locals advise suggests surgery, then that's the only time to do so.

The world does seem a better place if you can view things more clearly. You have every cause to keep moving forward and keep looking at the bigger picture. With an optometrist Burnaby BC patients trust by your side, everything will become worth looking at.

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