



Article published on December 10th 2011 | [Health](#)

Title- Australian Fitness & Health Expo at the Sydney Convention Center

Sydney, Australia will be the host of the annual Australian Fitness and Health Expo which will be held at the Sydney Convention and Exhibition Centre. The event is a three day event that will be held from April 27th to April 29th of 2012. This is a huge event in the fitness and health industry and one that is the largest event in the Southern hemisphere, with over 300 exhibitors and over 20,000 attendees. What those attending the show can expect is to discover the latest in gym equipment, training aids, boxing equipment, music, apparel and nutritional products. It is a gathering of the newest products and latest trends from sectors that include:

Education and Training

Health, Wellness and Rehabilitation

Sports Nutrition and Supplements

Boxing and Martial Arts

Fitness Business Services

Clothing / Music

The event is much more than just a presentation of new products there will be guest celebrities and live fitness performances. Attendees not only have the opportunity to see the performances they have the opportunity to compete and trail products, so it is definitely going to be an event with much interaction and excitement. The event will also have a Fitness Business Advice Centre and Health and Fitness Education Zone for those attending that are interested in upgrading their skills, or breaking into the industry. The list of guest celebrities is impressive and will be appearing on one of the three stages, the Talking Fitness Stage, the Strength and Conditioning Stage, or the Zumba Main Stage. The list of celebrities includes:

Beto Perez

Dorian Yates

Steve Cook

Danny Green

Michelle Bridges

Shannan Ponton

Marcus Bondi

Matt O'Neil

Derek Poundstone

Sydney Swans Football Club

Michelle Dean

Josh Ross

Christie Jenkins

Monica Brant

Mark Lobliner

Charles Glass

Christina Vujunich

Jennifer Rankin

The event is for everyone in and interested in the fitness and health industry and is all about staying fit, feeling great and looking great, and the leaders will be there to show you how to do this. Tickets can be purchased in advanced and will be on sale this December of 2011. There will be many events under one roof and definitely something for everyone's interest. There will be a great deal of information as well as introductions to new products, new brands, and new equipment. The latest is everything fitness and health will star under one roof, and for everyone that attends it will be a memorable event. With over 20,000 attendees that represent fitness professionals and enthusiasts it will be a great crowd, great energy and great information. For more information on the April 2012 Australian Fitness and Health Expo, visit the Australian Fitness & Health Expo site where you will have all the information you need on the coming event. It is going to be a great event, and one with plenty of information and one that will be a shame if you are not there, whether an exhibitor or an enthusiast, be sure to pencil in April 27th through the 29th for the 2012 largest fitness and health event in the Southern hemisphere which will be held in Sydney, Australia.

Article Source:

<http://www.articleside.com/health-articles/australian-fitness-health-expo-at-the-sydney-convention-center.htm> - [Article Side](#)

[Robert Pickett](#) - About Author:

Discover innovative training techniques and trial cutting edge equipment guaranteed to keep you ahead of the competition only at the a [Australian Fitness & Health Expo](#).

Article Keywords:

Australian Fitness & Health Expo, Fitness and Health

You can find more [free articles](#) on [Article Side](#). Sign up today and share your knowledge to the community! It is completely FREE!