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When people grow older, they might experience a lot of health complications. This usually happens to people who did not take good enough care of themselves when they were younger. Because of these health complications, elder people may find it harder and harder to do daily tasks on their own. There are some diseases that can affect oneâ€™s physical and mental capacities. Because of this, they may need assistance from other people.

One of the diseases that the elderly usually experience is Alzheimerâ€™s disease, which is the most common form of dementia. It is usually diagnosed in people over 65 years old. This disease causes the loss of cognitive abilities among the people who suffer from it. Alzheimerâ€™s is known for the memory loss that it brings, but it is much more than that. When this disease advances, it can bring mood swings, aggression, irritability, and confusion. Coordination and language proficiency may also be lost.

When a person has Alzheimerâ€™s, he is no longer capable of independent living. He may need somebody else to assist him in even in simple daily tasks. However, there are some people who cannot take care of their elderly. They may be too busy, or maybe their homes are just not the place for Alzheimerâ€™s patients. They may have to take their loved ones to facilities that can care for elderly people with this disease.

Alzheimer's assisted living facilities can help their residents take care of their memory, despite what the disease is doing to them. These facilities have amenities that can help dementia patients with normal activities such as walking, arts, or listening to music. The facilities are also designed to be just like home, to make the residents more comfortable.

Assisted living in San Antonio has a lot of services and amenities. Aside from the basics, there are extra amenities such as wellness and therapy centers, spas, chapels, and arts and crafts centers. There may even be theaters and spas. Of course, there are also housekeeping and laundry services. Aside from being taken care of, the residents still get to experience normal life.

Nursing homes in San Antonio TX also have professional, well-trained staff. They are there 24/7, should any of the residents need any assistance. The staff is also well-trained and compassionate enough to provide the special needs of Alzheimerâ€™s patients. Assisted living facilities also have good security to ensure the protection of their residents.

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