



Article Side

Are you looking for safe laser hair treatment in Belfast? by [Therese Laserase](#)

Article published on June 4th 2012 | [Health](#)

Being smooth skinned is an attractive option for most people and laser hair removal in Belfast is considered one of the most comfortable, long lasting, effective and safe methods for this.

Suitable for All Skin Types

In its initial stages as a treatment laser hair removal could only be used on people with a light skin tone and dark hair. The reason for this was the beams were unable to differentiate between hair follicles and the skin pigment. Those with dark skin could not take advantage of this method. But with rapidly advancing technology, today there are several types of lasers developed to suit all types of skin shades. This hair removal method is less effective on white, grey and light blonde hair.

One of the greatest advantages of laser hair removal in Belfast is one no longer has to depend on inconvenient methods like shaving, waxing, electrolysis, creams and others. These methods can be very cumbersome and time consuming to use on large skin areas, especially the back. Laser takes care of all that very effectively and safely without side effects and there is no skin damage. It directly works at the follicle level, leaving the surrounding skin area intact and removing only unwanted hair.

Safe and hassle free treatment

Laser hair removal in Belfast is also referred to as a "permanent hair removal system" as it comes closest to helping you achieve hair free skin. The results are visible right from the initial session. For those with really dense hair the number of sessions may be more, but the average number of sessions is four to eight, spaced four to eight weeks apart.

Hair goes through three major phases:

• The Anagen or growth phase that lasts up to eight years

• The Catagen or transitional phase which follows the Anagen and lasts a couple of weeks at a time

• The Telogen or resting phase which follows Catagen and lasts up to six weeks.

There is no set pattern for the occurrence of these phases. Each hair can be at different stages in the growth cycle compared to its neighboring hair and the effectiveness of laser removal treatment is largely dependent on the individual. This treatment works only on hair in the anagen or growth phase, destroying the hair follicle's ability to produce hair. Over a series of treatments, there is a permanent reduction in visible hair.

After the requisite number of sessions is over, you can experience up to 90 per cent hair reduction. The remaining hair is lighter and finer as dark hair is easier to treat than light hair.

There is no standard laser hair removal treatment as different people have different types of skin and hair. The trained professional usually does an assessment to find out what you need and customizes the treatment based on which you will know how many sessions are involved.

In the long run, laser hair removal in Belfast is much more cost effective as you do not have to resort to other hair removal methods that require frequent use. This is the best and safest way to get rid of unwanted hair today.

Article Source:

<http://www.articleside.com/health-articles/are-you-looking-for-safe-laser-hair-treatment-in-belfast.htm> - [Article Side](#)

[Therese Laserase](#) - About Author:

Laserase Medical Skincare Clinic is a leading skin care clinic for a [Botox Belfast](#), Northern Ireland. Laserase Medical has extensive experience in treatments using a [laser hair removal Belfast](#)

Article Keywords:

botox belfast, botox, belfast, cosmetic, treatment, facial, wrinkles, laser hair removal belfast, removal works, laser, hair, removal, belfast,skincare, clinic, acne treatments belfast

You can find more [free articles](#) on [Article Side](#). Sign up today and share your knowledge to the community! It is completely FREE!