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An Overview of Conditions that Damage Developing Teeth Provided by Bloomingdale Cosmetic Dentist by [Yasmin Hutchinson](#)

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Are you aware that dental stains result not only from the types of foods we eat or the beverages we drink? There are a number of ways in which dental stains can develop. If your teeth have dark stains, this could be a result of lifestyle habits such as consuming lots of coffee, red wine, or tobacco. Your teeth also tend to get darker as they age because the dental enamel starts to thin, becoming less white. However, if your teeth have been dark and discolored since they first emerged, you may be suffering from dental fluorosis or tetracycline stains. Both these conditions are the results of a disruption of normal tooth development.

Even while children have their baby teeth, adult teeth are developing above the gumline. When the child's adult teeth are fully formed, they will lose their baby teeth, and the adult (permanent) teeth will poke through. However, if the child is exposed to substances that interfere with normal dental development during this crucial period, the child may end up with teeth that are dark or damaged-looking.

Dental fluorosis results from the intake of excessive fluoride by children. Tetracycline stains occur when a child uses the antibiotic, tetracycline, while their teeth are still developing. These conditions cause the adult teeth to develop irregular staining, and teenage patients must deal with dark, stained, and discolored teeth as soon as their permanent teeth emerge.

Teeth with tetracycline staining have often proven to be resistant to professional teeth whitening formulations. This is further complicated by the fact that teeth bleaching treatments cannot rectify surface irregularities caused by dental fluorosis.

Fortunately there is one cosmetic solution that can fix both the issues of color and the surface appearance of damaged teeth -- dental veneers. Porcelain veneers completely cover the existing teeth, so even if they are darkly stained or the dental enamel has surface ridges, porcelain veneers can provide the appearance of a white, smooth smile. Our Bloomingdale cosmetic dentists help numerous patients reclaim their beautiful smiles and regain confidence with dental veneers.

Porcelain veneers provide a permanent cosmetic solution -- once they are bonded to teeth they are not easily removed. This means patients can eat, drink, and care for their dental veneers just as they would their natural teeth.

Your smile can be completely transformed with dental veneers in just two or three appointments. If you're unhappy with your smile and tired of looking in the mirror and frowning every time you see yourself, contact our Bloomingdale cosmetic dental office -- we're here for you!

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