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Wrinkles have grown to be an eyesore to a lot of folks, as such are correlated to decreasing vigor and vitality. Seeing wrinkles specifically if they are too obvious and numerous, can even be aesthetically quite undesirable. This perception about wrinkles is much more acute for individuals who are in their forties and fifties.

Age

As a person ages, his skin and tissues below it start to sag. Under the skin is an amalgamation of connective and fatty tissues called adipose tissue. Through age, the quantity of adipose layer beneath the skin diminishes, and the skin becomes less stretched, causing it to have a crumpled image. The outcome is loose, sagging skin called wrinkles.

Smoking

Other than age, there are factors that add to developing wrinkles. According to research, smoking has been shown to accelerate the aging process of the skin. The explanation could be due to the changes in the total of blood supply to the skin.

Ultraviolet Light

A potentially a lot more significant root cause of wrinkles is contact with ultraviolet light. Ultraviolet light hastens the aging process and has been classified as the main reason of very early wrinkling. When the skin is in contact with UV rays, its connective tissues--collagen and elastin fibers in the deeper layers of the dermis--get busted. As the supporting connective tissues are lost, the skin loses its strength and flexibility. The skin then starts to form furrows and ridges, causing wrinkles.

Before, there were no existing ways to fix or turn around this issue. Even so, with the introduction of face lift, wrinkles can easily now be lessened and even entirely eliminated. Physicians fix wrinkles by cutting away the extra skin remains, and through skin firming approaches allows the skin to recover its vibrant appearance.

Wrinkles can now further be addressed through a non surgical face lift. This procedure involves the application of heat to the deeper layers of the skin in order to cause a "recovery response", stimulating an increased manufacturing of collagen. The primary benefit of this procedure is that no cut is compulsory to attain skin regeneration.

Although one can't avert these aspects that lead to wrinkles, modern innovation has actually paid for people the option to remedy wrinkles once they arise. So if you see that your wrinkles are getting the better of you, then a face lift may be simply exactly what you are searching for. You can find out more about age-related skin complications on [about.com](#).

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