



Article published on January 3rd 2012 | [Fitness](#)

Both men and women endure from hormonal imbalance as they turn into their forties. For men, such difficulties include loss of fertility, erectile dysfunction and also loss of muscle and bone mass as the amount of testosterone in their body is reduced. They can even endure the signs of exhaustion and pain, that also affects women who are experiencing hormonal imbalance. It could be very difficult for either gender to face the hormonal imbalance issues, but for many the hormone replacements offered by the doctor simply do not cover all the symptoms experienced by the sufferer.

This is partially because most of the modern hormone replacements are done from unsuitable things, such as mare's urine or maybe created from chemical synthetics which have not been designed to mimic the form of the required hormone. If you have been attempting the standard chemical replacement and finding that it will not solve all your symptoms, then you may want to consider bio-identical hormone replacement therapy.

These types of medication have been created to resemble the replaced hormone as closely as possible. They're even made out of natural products, for example soy or yam, which are then simply manipulated in the lab to supply the best results. This helps to form natural bio-identical hormones which can be simply accepted by the body.

Some of the symptoms that hormone imbalance sufferers feel may be prolonged by the utilization of synthetic chemicals, simply because they do not completely replicate the actions of the hormone in the body. By utilizing bio-identical hormone replacement therapy rather, users could usually start to get over even the feelings of tiredness and ill-health which would otherwise have affected them for some time.

Using bio-identical hormones can assist you to avoid other problems such as bloating, calcium depletion and damaged circulation which can all occur with synthetic hormone replacement. Selecting to use bio-identical hormone replacement therapy can be a difficult call, particularly if you are not familiar with a surgery providing bio-identical hormones instead of more traditional therapy. Rather than stick with the synthetic forms, you ought to look around for someone ready to supply you with the required medication, like a doctor and the local pharmacy. When you have been prescribed such natural hormones, you will also require to be regularly monitored, so as to ensure that you are being treated successfully, and will perhaps have blood or saliva tests to make sure that the hormones are working as they should.

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[Phil Altman](#) - About Author:

Be ready and seek a doctor nearby who could assist you prefer a [bio-identical hormones](#) products as quickly as possible. Visit a <http://www.thehealthychoice.net> to find out more about what you may expect from a compounding pharmacist. The Healthy Choice specializes in compounding customized medications and Bioidentical Hormone Replacement Therapy to fit each patient's individual requirements. It believes in treating the whole person and the integrative approach to health care gives doctors and patients cutting edge alternatives to mainstream treatments.

Article Keywords:

bioidentical hormone replacement therapy, bio-identical hormones, natural hormones, natural hormone therapy, hormone analysis, hormone imbalance

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