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Numerology is considered as one of the earliest forms of metaphysical reading and communication. In early days people used numbers, markings and scribing methods to intercommunicate, trade and exchange their ideas. Dating back to 4,004 BC - Egypt and Babylon are recognised as recording the earliest history of numerology. There is evidence of numerology thousands of years ago in India, China, Italy, Greece and Japan.

There are different systems of numerology such as Pythagorean and Chaldean. My preference is Pythagoras however I believe all methods have a place.

Philosopher Pythagoras was born in Greece around 590 BC and was one of the best in his day. He was an important figure in the development of mathematics. When Pythagoras was around 50 years old he established a school that was sort of a secret society in Cortona, Italy. The society was called the semi-circle and there he taught Mathematics, Astronomy and Music, which was open to both men and women.

Pythagoras felt the entire universe could be expressed through numbers and created a system, which was expanded by other Greek philosophers. Although Pythagoras did not invent numerology his theories took it to a new level, which is why he is often credited with being the father of numerology. Pythagoras lived to be around a hundred years old. He died when his school was attacked and burned to the ground - most of his teachings were written after his death.

A big gap exists between the years of Pythagoras and the early 1900's when a few mystic authors started writing about the art of interpreting numbers. When Dr. Julia Stenton (born 1862) added her awareness to the art, she is credited with naming the interpretive practice "numerology." Its popularity did not return until L. Dow Balliett published a book series on the art of reading numbers between 1911 and 1917. In the 1930's Florence Campbell, another mystic, added to the writings on numerology.

As we are entering the era of the 2's from the year 2000 knowledge, acceptance and intuition is being increased. The 2 is a peaceful number and on the positive side represents love, harmony, partnerships and intuition. 0 in numerology is also a metaphysical intuitive number, which is why acceptance is growing particularly with the number of magazines, television and radio shows in this area. Interestingly America's first black president Barrack Obama, born 4 Aug 1961 has a life path number master vibration of 11/2, he is here to help bring peace to the world and his presidency came about in the 2000's.

While many people dismiss numerology as a pseudo-science, it was taught and studied by some of the most respected mathematicians throughout history.

Try a numerology class or workshop and learn how this ancient science can help you.

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Tameera Kemp is the founder of Light Stays Retreats and Living - the worlds most advanced holistic directory for retreats, events and classes.

Tameera enjoys visiting retreats and taking regular classes to balance energy, increase awareness and gain new perspective. She's practised astrology and numerology for around 20 years assisting people with life cycles, direction, clarity and understanding.

She formerly managed adult education for eight years at a top Australian university, creating one of their most successful course programs in journalism, media and communications.

Tameera has a special interest in websites and their power to connect people worldwide, blogging, social media and developing online resources to enrich personal development, wellbeing, creativity, travel and growth.

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