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When you are facing a divorce, mediation can help keep the peace within the family. For those filing for divorce, Los Angeles divorce mediation is a popular practice. It offers both parties to voice their concerns and work through who will receive what items when the divorce is final.

There are 8 peace practices which are free and easy to practice every day. They'll help you stay sane no matter what, and we all know that sanity is at a premium at the moment.

There are 8 Peace Practices, which are covered in the book "Making Divorce Work," that are easy to use every day. Click here for the 8 Peace Practices. The stress of a divorce can raise blood pressure and keep both parties from thinking clearly and rationally. Many lawyers who are involved in cases of divorce in California commonly use mediation, either with an outside mediator or among themselves.

Los Angeles divorce mediation is used to help maintain a sense of peace and calm for both parties and the family as a whole. The object of these meetings is to offer legal information and emotional support when making decisions that will affect the whole family. With a divorce in California it is imperative that the settlement is agreeable to both parties, if there is no agreement, the papers may not be signed, leading to possible litigation. The job of the mediator is to avoid the need for the courts to become involved.

Divorce mediation helps keep the peace in your family--after all, you are still a family even if you're divorced. You have the opportunity to have an uncontested divorce, California or elsewhere, when you mediate instead of litigating. Mediators help you talk to each other and say what you really mean without getting shut down. Most will give you legal information and help you make a solid decision that works for you, your spouse, and your children.

It is a common assumption that Los Angeles divorce mediation focuses only peace and talking about feelings, while this is important, it is not the main idea behind the process. These meetings will cover all aspects of the marriage, why the divorce is occurring and how future decisions will be made concerning the children and finances.

Divorce in California is unique since it is only one of nine states that Community Property rules, in effect. Using peace practices, especially mediation helps to maintain a healthy relationship throughout the divorce process, an emotional divorce is as important as a legal divorce, and the ability to maintain a cordial relationship after the divorce is final.

There are many aspects to consider when facing the challenges of a divorce; however, if both parties are involved and presented with the same information, it is possible to have an amicable divorce. With this in mind, the advantage of a divorce in California is the focus on the family, and the best outcome for all involved.

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### [Peace Talks](#) - About Author:

Diana Mercer is an Attorney-a [Mediators](#) and the founder of Peace Talks a [Divorce Mediation Services](#); it provides mediation services, child custody, cohabitation and LGBT dissolutions and family divorce mediation. For More information about Uncontested a [Divorce in California](#) - 8 Peace Practices visit Diana Mercer's Blog at: [www.makingdivorceworkblog.com](http://www.makingdivorceworkblog.com)

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