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We all know that times are tough. With the building stress and day to day annoyances people need a vacation. Unfortunately vacations are usually the first thing to go during periods of economic stress, which can potentially put your own health at risk. A good breather and changing things up promotes your wellbeing and staves off burnout, so you'II still want to take a fun break from work. So to help you get out and take a well-deserved break in an Albuquerque hotel, here are some tips to make that vacation more affordable!

# Opt for Smaller Locations

Obvious as it sounds, some people get stuck on the idea of big budget vacations. However checking out †low key†vacation spots can save you a ton on more than just hotels. Albuquerque, NI is a great example of such an idea. You don' need to go to Miami Beach to have a good time. Some of the most memorable vacations can be made exploring the local community, theaters, shopping centers and hiking trails of these fantastic low-key vacation spots.

### Use Membership Programs

If you're part of AAA or the AARP, chances are there's a hotel near where you want to go that you can get a discount on. Look into it and see if the discount is worthwhile. You should also ask your workplace if they have any deals with particular hotel chains or other possible discounts. You'd be surprised how many businesses have these sorts of amenities you would otherwise forget!

# Timing is Important

Offseason and early booking is the biggest way to save on hotel rates and even on air or train fare. Planning well in advance and booking early will also lock in your rate so you're not subject to the increased prices if you book closer to your vacation date at hotels. Albuquerque, NMlodging usually has reduced rates during the mid-week as well. So taking a short vacation during the week is much cheaper than in the middle of summer!

### Take Advantage of Online Deals

Put a little extra time in to do your homework online. The internet makes saving money easier than you'd think! You can try any of the bevy of online hotel agencies (such as hoteldiscounts.com, orbitz.com, etc) and see what rates they can offer you on Albuquerque hotels.

But keep in mind to read the fineprint! A lot of these lower deals have nontransferable and nonrefundable agreements attached. So check out the hotels homepage to see if they offer similar discounts or packages that can give you better flexibility. You can also look up any discount or promotional codes online that can save you money when booking with a hotel online. It never hurts to do some extra research and try some of the codes!

### Bed and Breakfast

Remember that eating out during the whole vacation is very expensive. See if you can get any bed and breakfast deals or consider looking into an independent inn or bed and breakfast hotel to take advantage of these savings. You can also consider finding a hotel that has a built in kitchen. Cooking your own meals will save you a lot of money, especially on extended stays.

So take some time to save yourself some money on a restful vacation! A relaxing stay in an Albuquerque hotel could be just the thing to recharge your batteries and keep you from feeling the economic blues.

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