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Yoga, meditation, guided Buddhist festival tours, golf vacation, Thangka painting schools, honeymoons, Para gliding, hiking, trekking Nepal is certainly much more than an adventure playground. Spend a week or two here to relax in some of the mountain resorts like Daman, Chisopani, Bandipur and Nagarkot or a calm lake of Pokhara and you will soon realize that life here runs with a very different tune.

Nagarkot - A popular tourist destination that people use as a quick stop to see the spectacular beauty of Mighty Himalaya. There is more to this beautiful hill station than that. You can enjoy isolated retreats and hotels where you can get away from it all, take pleasure in a refreshing massage, reiki, meditation or just spend your time exploring the villages on the slopes.

Nagarkot is located near Kathmandu, capital of Nepal, prosperous, in fact is an ideal place for a weekend getaway, all are considering under India Holiday Packages. In Nagarkot, there is plenty more to do than just admire the Himalaya, take a guided tour road bike experience the rich culture of the Tamang people, horseback riding or hiking to some nearby towns, observation of birds in the jungle or tackle and exciting mountain bike descent.

Bandipur - Half way between Kathmandu and Pokhara is this quiet hill station at the top of a hill above the river Marsyandi and orange-growing regions. This once isolated town is one of the best examples of how tourism Nepal and environmentally responsible social can work to create a wonderful experience for visitors and profitable for farmers. Here you can explore the largest caves in Nepal, making first-hand view of silk, or simply enjoy inspiring views of the Himalaya half. Bandipur visits can be arranged on the way to or from Pokhara and can be combined with visits to Manakarmana, one of the most sacred temples in Nepal and the cable only the country has to offer. A visit to Bandipur is a must and it will surely make your Kathmandu Nepal travel a memorable one. In Bandipur Accommodations range from first class retreats to the mountain village home basic but rewarding stay.

Bhaltali - Your Nepal travel a rewarding one when you visit Bhaltali, a hidden valley is an extraordinary place, surrounded on one side by a river gorge and pine forests and across terraced hillsides of rice and millet. It is an ideal place or spot for photographers and people who just want to spend time in a village in Nepal. Stay home can be arranged or you can stay your nights in the hill station by taking the village and mountains. Nearby is the impressive Namobuddha, a prominent Buddhist gumpa and an ancient city Pauntie Newari (Newars are an tribal group of Nepal), so you can spend a few days here and is only an hour and two hours walk to get there Kathmandu.

Chisopani - A 16 km walk through Shivapuri National Park takes you to Chisopani, a small town and made excursions on the edge of the valley.

Pokhara - Not just a starting point or ending point for hikers, but a meditation some incredibly beautiful and relaxing place to participate in Yoga Reiki or course, or a retirement. Pokhara a home to world-class golf, if that is your cup of tea!

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