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Mature Dating: Some Obstacles and Disadvantages by [Aron Duncan](#)

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The group of people over forty entering the dating arena has increased tremendously over the past few years, with very favorable results. More and more people have started using services like dating agencies and dating websites to help them find friends, companions or romantic partners. They're also very clear about what kind of relationship they want, whether long-term commitment or a casual, fun time with no ties on either side.

However, the arena of mature dating does have a few disadvantages:

Location: If you're forty-plus and a busy professional, you may not find it worthwhile to conduct a long-distance relationship, however attractive and perfect the person may be. For still older people, traveling to distant locations just for an evening or a weekend may not be feasible. Something that you have to watch out for is that in a long-distance relationship, it's possible for people to misrepresent themselves and you don't want to be disappointed when you find that the person is actually someone quite different from what they said they were. Another red-flag is that you could be caught in the cross-fire if your long-distance date is actually a cheating spouse.

Age: Many first-time over 40s daters are intimidated by the thought of entering the dating scene after a gap of many years. They feel they're too old for "this sort of thing." However, this could be just the initial jitters and once they sign up with a suitable website or dating agency, they can work things out to their satisfaction.

Addictive/Expensive: Once they get going, the sheer numbers and option could be overwhelming for forty-plus dater. They could lose track of their relationship goals and concentrate on simply having a good time and a series of casual, shallow relationships. Paid websites/dating agencies can also be quite expensive and a drain on your finances.

Relationships: If you have a close-knit family, full of exes, children, grandchildren and siblings, you could find it awkward to get into the dating scene. Dealing with jokes, comments and insensitive people can be off-putting even for the most intrepid dater.

Website/Dating Agency Options: Some websites/agencies cater exclusively to the mature age group while others are more general. If you're with one of the latter type, you could find it difficult to find long-term relationships, if that's what you're looking for. The concept of granny-dating/older men looking for younger women dates is fine, but you could end up confused and disappointed.

Keeping these tips in mind, it's possible to find your dream forty-plus date on-line for a safe, hassle-free and fun relationship.

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[Aron Duncan](#) - About Author:

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