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Linen fabric is easily the most versatile, durable and easy care fabric on the planet. Linen is also the coolest and most comfortable fabric for clothing and bedding. Linen is a 100% all-natural plant based fabric that is completely environmentally friendly. So, why not use linen bedding for your ultimate sleep experience.

Do not confuse the term bed linens with linen bedding. Although the term linens is derived from the past history of the use of linen for all types of fabric needs, the actual term linens can mean towels, curtains and bedding in a wide selection of different fabrics. The term linen bedding specifically refers to bedding made from top quality linen fabric.

Linen bedding and linen clothing have been used as long as humans have been weaving fabric from plant sources. Linen woven from wild flax plants goes perhaps even as far back as 36,000 BC, according to current archaeological evidence. In some past cultures the use of linen fabric was a sign of the wealth and prestige of the wearer. The finest linen bedding fabrics today are produced in Europe.

High quality natural linen bedding has a great look with its lustrous sheen. It feels cool and silky to touch. It is easy to care for and resists dirt and staining. Linen has the capacity to absorb 20% of its weight in moisture, meaning it wicks away dampness from your body and the humidity in the air. Linen dries quickly and easily. It is not hard to see why linen bedding is an ideal choice for anyone's bedroom.

Linen bedding can be complemented with linen curtains or blinds and linen upholstery fabric to give your entire bedroom a cool and airy look that is appropriate for year round use. Linen bedding options include, pillow cases, bed sheets and duvet covers. Linen bedding is primarily in neutral color tones and patterns which makes it is easy to accessorize with a variety of colors and other fabrics to suit the season. It also works well with any holiday décor or special occasion.

Most people today are concentrating more on the greener aspects of living and protecting the environment. Using green technology in homes, businesses, farming and manufacturing is the wave of the present and future. What could be better than using all-natural sustainable linen bedding in your home? It only helps you reduce your carbon footprint even more. In these days of global warming, every little bit you do makes a difference. So, why not go green in the bedroom, too?

If you want a totally new sleep experience, linen bedding is for you. Linen's unique qualities make it so different from any other fabric choice for bedding that it is an experience you will want to repeat every night. You will be amazed at the luxury and elegance of linen bedding, and the way its smooth cool texture helps you to relax and rest so comfortably. Once you have tried linen bedding all other bedding fabrics will pale by comparison.

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The author of this article has expertise in a <u>linen fabrics</u>. The articles on Linen fabric reveals the author's knowledge on the same. The author has written many articles on linen curtains as well.

More info visit a <a href="http://www.linenfabrics.co.uk/">http://www.linenfabrics.co.uk/</a>

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