

Article published on April 12th 2012 | Business

There are about 200 deaths in accidents at workplace and nearly 1 million people around the world are injured. These injuries and accidents are not just features of dangerous environments within workplace but they happen everywhere across the globe. If you are running a business these statistics should instigate you to undergo safety training for your internal staff. There are various providers of health and safety training courses in UK but none has a better track record than RSC. Training courses from RSC enables the workers to understand the threats and prevent themselves from injuries. They may also save other workers from injuries and those suffering from any type of illness. As a business owner it is your duty to protect the employees from any type of injuries and accidents. Failure to do so may call upon legal complexities. RSC's safety training course helps in keeping all the employees safe and healthy. There are various areas covered by these courses. With our head office located few minutes from Nottingham we are an easy catch for the inhabitants of Nottingham, Leicester, Derby, Grantham and even Midlands, Doncaster, Rotherham, Barnsley and Sheffield. Also we have a lot of experience working the South Yorkshire region in areas such as Doncaster, Rotherham, Barnsley and Sheffield.

RSC are the favorite choices for the business owners when they have any health and safety training requirement. Many large businesses have relied upon the expert help from RSC and reaped best benefits. They have many years of experience as health and safety consultants. Providing various types of safety training to make your premises safe is just one of their services. Moreover, the trainers employed by RSC have been in the risk assessment and safety training industry for a number of years. They have mastered the essential skills of handling bulk training sessions. There are various types of health and safety training courses offered by RSC. Let us take a look at some of them.

Manual Handling: This course is specially designed for individuals undertaking manual handling as a part of their everyday work. As they are repeatedly exposed to manual handling thus there is a short training required to protect them from any accidents or injuries. They will be taught about the Health and Safety at Work Act 1974, Manual Handling Operations Regulations 1992, injury figures, some facts and statistics about Manual Handling, method of avoiding risks in Manual Handling, etc.

Working at Heights: As there are various working at heights equipments and scenarios, thus this health and safety training course will be customized to meet the company's requirements. The duration of this course will depend on the type of equipments used by the employees and their location of work. The course content will cover general duties of the employers, Duty Holder responsibilities, duties of employees, principles of fall prevention, safety features, inspections of work equipments, etc.

Practical Risk Assessment: RSC's expert health and safety trainers will help the company and the workforce understand the processes of Risk Management within the organization. This is a single day course and covers various topics such as legal position, economic position, risk management process, multi factor theory, practical risk assessment, key accident and incident rates, 5 steps to risk assessment, etc.

Other health and safety courses offered by RSC include Control of Substances hazardous to health, display screen equipment, general health and safety awareness, construction specific health and safety awareness, company vehicle driver safety awareness, emergency first aid at work, etc. So if you have a need for health and safety training there are endless courses to choose from. The

professionals attending the RSC courses will be awarded with RSC Certificate of Attendance.

Article Source:

http://www.articleside.com/business-articles/why-you-should-choose-rsc-for-your-safety-training-requirements.htm - Article Side

<u>Risksafetyconsultants</u> - About Author:

RSC is a leading a <u>health and safety training courses</u> provider. They have various types of training courses to meet diverse needs of businesses.

Article Keywords:

health and safety consultancy Sheffield, health and safety consultancy Nottingham

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