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Think Different with Sauna Hat and Ibrik by [James Blee](#)

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There may not be any relation between sauna hat and ibrik but both of these items give you a chance to think in a different way. The first one of them is a hat that you need to wear during the sauna bath or any other sauna session and it protects your ears, hair, and head from the heat that generates during the session. It is possible to have thermal burns during the sauna sessions if you donâ€™t wear it.

Sauna sessions are very rejuvenating for your body as it cleans your body and relaxes your muscles. But due to the extreme heat during the session many people cut short the session and settle down for a short one. So the effect is not felt much. But with these sauna hats you will be able to continue the session for a long time. The hat is made from sheep wool that has high thermoregulatory properties. The best quality hats are handmade and they are quite soft to touch.

Now let us discuss about ibrik. It is also about a very popular hot item, coffee. This is container which is used for making coffee in the traditional way. This is also known as cezve and it is used to make Turkish coffee. It is nothing but a deep container that looks like a small jug with a very long handle. The container ibrik is quite popular is Greece and many other countries. Traditionally it is made of copper but today you will also find them made out of steel and bronze. It looks nice and different and it is available in different sizes. It generally holds only one cup of coffee and thus it is possible to make coffee according to your taste.

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For more information on a [sauna hat](#), check out the info available online; these will help you learn to find the a [ibrik](#)!

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