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There is an obesity epidemic in the world at the moment, but it is not a problem of fatty foods and an unhealthy lifestyle, it is a problem of thick and moribund thinking, it is an epidemic of lazy thought and slow processes, it is a crisis of inefficient production and operations. If you look at many industries and sectors around the world, there is too much fatty thinking, there is not enough lean thinking. Lean thinking is a way of evaluating how you make value that your customers really want using the least possible amount of resources. It can be applied to virtually any industry, from manufacturing to offices, from health care to product development.

With this philosophy there comes a kit of useful generic tools that can help streamline any business. These tools are 5S, value stream mapping, single minute exchange of dies, just in time, waste analysis, problem solving, teamwork and visual performance measurement. Each of these tools will help to minimise resource use, whilst maximising productivity. It really is a win-win situation, with the skill sets and tools all acting in a mutually reinforcing manner.

For example, 5S is a methodology that is focused on the idea that a clean and safe work environment is the basis for an efficient and effective production system, and emphasises safety, reduced wastes, raised morale, greater ownership of the work environment and improved productivity and quality. Value stream mapping is a visual means of identifying the flow of production and improving on processes and fits in with 5S to create a system of systems that helps innovate and improve across the business.

If you want to access these lean manufacturing tools then you should go online and look for a provider who can show you the ways. You will have dramatic results in no time and you will be amazed at how it will positively affect your business. The best thing to do is do a Google search and then narrow done the potential providers by looking at their past experiences and skill sets that they can bring to the table. Then contact them and find out what they can offer your particular business.

For lean six sigma training that really works, you want a team that have years of experience providing solutions for a wide array of different businesses across the spectrum. Once you have tried the lean approach you will never turn back so get onto it today and put your business onto a diet.

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## **Efficiency Works** - About Author:

For the past 3 years I have been writing informative and high quality articles on topic such as Lean thinking, Lean manufacturing tools, Lean six sigma training and many more.

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