



## Article Side

Laser Brown Spots- How to Get Rid of Sun Damaged Skin by [Julia Roger](#)

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Sunspots may appear on the top of the hands, chest, arms or other places, which are exposed to sunlight regularly and directly. Such type of sun damaged skin conditions mainly occur when a person has much exposure of sunlight. Such types of conditions are common with the individuals who are freckles or who burn easily. There is a pigment, which is present in the skin that produces melanin and is triggered by UV rays. Such types of spots are harmless, but you may be at the danger end of developing skin cancer. This is the reason why you need to be very careful.

Such types of patches are normally flat in size. These spots are having an irregular border shape. Laser Brown spots can be minimized with the help of limiting your time in the sun and using sunscreen creams on a regular basis. You can easily imagine that you do not have any patches on your body parts such as inner thighs because they are having minimal sun exposure as compared with other parts of your body. This is the very reason that you need to protect the areas, which are exposed more in the sunlight.

Many treatments are available for preventing or minimizing age spots. One of the most popular remedy to solve such type of skin related issues is the skin resurfacing that helps a lot in minimizing the appearance of wrinkles on your face. They are also sometimes used to treat areas on the cheeks. If you are in a mood to remove your Laser Brown spots then you can try using Laser resurfacing. This resurfacing does not cause as much discomfort as bruising, scarring or bleeding as in the case of other cosmetic surgery procedures. Some of the procedures remove the thin layers of skin. Such types of resurfacing techniques are used to treat deep layers of the skin. Laser skin resurfacing is the best procedure in order to produce a youthful and fresh look.

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